

---

the  
actors  
centre



---

SEASON PARTNER

SPONSORED BY

**THE  
OLD  
VIC**

**WORKSHOP PROGRAMME**

**SONY**

**OCT/NOV/DEC 2019**

[actorscentre.co.uk](http://actorscentre.co.uk)

0203 841 6600

acting.....	page 4
screen.....	page 12
writing.....	page 18
shakespeare.....	page 20
voice.....	page 21
recorded voice.....	page 23
physical.....	page 25
casting.....	page 27
musical.....	page 29
career.....	page 30
sony.....	page 34
old vic 12.....	page 35
member career development.....	page 37
member social events.....	page 38
open courses: non-member workshops.....	page 39
tristan bates theatre.....	page 39

**THE OLD VIC** We are delighted to partner with The Old Vic 12 for the October-December season. Now in its fourth year, The Old Vic 12 aims to nurture and develop the next generation of theatre practitioners. The workshops are led by the current participants of the scheme, and include workshops on writing, movement, acting, producing and directing.

**SONY** We are thrilled to announce that the Actors Centre has entered into a sponsorship agreement with Sony. Sony's sponsorship provides the Actors Centre with state of the art camera equipment, to both enhance our screen workshops, and provide an affordable option for our members to hire cameras in order to start creating their own work. We will be running a number of workshops in association with Sony, to develop camera skills both in front of and behind the lens.

### Co-Working Space

We are delighted to announce that our shared co-working space is now open to our members.

We have updated the WiFi in our Café and Green Room Bar and installed additional plug points so our members can benefit from a free workspace in Central London. Members can also avail of free tea and coffee from our newly installed refreshments station, as well as the use of a microwave.

The workspace will be open daily from 9.30-17.00, excluding matinee days when it will close early. Members can sign up to 4 guests in at one time.

Don't forget about the other offers included in your membership:

- 10% off at the Actors Centre bar
- Use of our John Thaw Initiative to showcase your work-in-progress shows
- Access to our ever-growing perks scheme
- Discount tickets to all shows at the Tristan Bates Theatre and in the John Thaw Studio
- Early-bird access to exclusive events including our OFF THE RECORD series, our annual CASTATHON and AGENTATHON

Please note that all information is correct at the time of going to print but may be subject to change. Our tutors are professional actors and creatives working in the industry and, like our members, their schedules are subject to change depending on work commitments. At times it may be necessary to postpone or cancel workshops, but we will always try to provide participants with a suitable alternative tutor.

For the most up-to-date information on dates, times, tutors and prices, please visit the Actors Centre website.

# membership & workshop levels

We have introduced a new system of tiers for our workshops. You can choose which tier best suits you based on your professional experience and training, and choose when you move up a level, so you can develop your craft at your own pace.

Please find below a brief explanation of each level below to help you decide where you would place yourself.

## All Levels

These workshops are suitable for all levels of experience.

## Introductory

Some basic training or understanding of the genre, but no professional experience. Also great as a refresher for those returning after a break.

## Intermediate

Some professional experience of the genre, we recommend 1-2 professional credits or those with considerable training in this area.

## Advanced

We recommend 4 professional credits of more in the specific genre and a firm understanding. Also, for those who would like to develop their craft in the company of those of a similar professional level.



This symbol denotes workshops which are suitable for those with an Actor Membership



This symbol denotes workshops which are suitable for those with an Industry Membership

## Cancellation Policy

If you are unable to make a workshop you have booked, we cannot transfer bookings. You must cancel and rebook. If a member is eligible for a refund, you will receive an automated refund into your Actors Centre account. We do not refund onto payment cards or into bank accounts. Any refund will incur a £2.00 administration charge which will be debited from your Actors Centre account. You can request 100% of the workshop cost refunded to your account, less the £2.00 administration charge, up to two weeks before the event or workshop's scheduled start date. If you provide less than two weeks' notice for a cancellation, the below charges will apply.

### Regular Workshops

An 80% refund will be credited to your Actors Centre account and can be requested up to two working days (48 hours) before the event or workshop's scheduled start. Any regular workshops which require prep to be sent out, such as Putting in the Hours, will have a four day notice period as listed below.

### Guest Workshops

An 80% refund will be credited to your Actors' Centre account and can be requested up to four working days (96 hours) before the event or workshop's scheduled start. No refunds can be processed after this time unless we are able to resell your place from a waiting list.

You can see the refund policy for each workshop on the event page on our website.

## Free Events



Please also look out for the wide range of FREE workshops and opportunities on offer to Actors Centre members.

Members are asked to let us know as soon as possible if they need to cancel their place. There is no cancellation penalty unless a member simply fails to let us know that they are not coming or provides less than 2 hours' notice of cancellation. 'No-shows' incur an automatic £5 penalty fee on their account.

# acting

## Move with Intention

Eva Magyar

Friday 4 October

14.30-17.30

Course: A99

This workshop will give you a strong starting point when preparing for any audition or performance. You will learn ways to find and channel your emotions into gestures, and express the character in a simple way using movement. You will also discover ways to access that extra power and presence you need when stepping on the stage.

→ Eva is a Hungarian theatre director, actress and acting coach, most recently seen in Hedda Gabler at the National Theatre. She has directed over 20 shows and performed in too many to count!

**PARTICIPANTS: £22**

All Levels

A

## Stanislavski Workout

Seb Harcombe

Saturdays 5, 12, 19, 26 October

14.30-17.30

Saturdays 2, 9, 16, 23 November

14.30-17.30

Course: A318

Based on the Stanislavski acting system, you will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. Each series will focus on one play or author. You will work through a play script and receive feedback and direction from the tutor. This workshop series will be rolling, with the option to book 4 weekly sessions at a time.

→ Previously Director of the BA Acting courses at both RADA and Drama Centre, Seb is now a freelance director and acting coach.

**PARTICIPANTS: £90**

Advanced

A

## Meisner and Cold-Reading

Susan Bracken

Tuesday 8 October

10.30-17.30

Course: A17

This class deals with how you approach a script, how you make strong choices and how to believe in the reality of what you are doing. Susan brings a mix of Stella Adler's 'Your talent lies in your choices' and Sanford Meisner's 'reality of doing' to bring to life your character and reading.

→ Susan Bracken is an actress and director. She is co-founder of C Company, a Meisner based ensemble that has tested its work in performance over the last eight years on the London stage. She trained in the Meisner Technique at Act One Studios, Chicago.

**PARTICIPANTS: £40, OBSERVER: £15**

Intermediate

A I

## Act Without Acting

Daniel Benzenou & Alice Bird

Tuesday 15, Wednesday 16, Thursday 17 October

10.30-17.30

Course: A295

A life-long way of working that cultivates the ability to truthfully communicate and inhabit the thoughts and internal landscape within a scene without 'acting'. A practice of true presence found through the power of simplicity - a way of working taught by Bathsheba Garnett's which evolved directly from Lee Strasberg.

→ As an actor Daniel Benzenou has worked with the history channel, Channel 4, Working Title, BBC, Netflix, ITV, and Sky TV. He is also a director and voiceover artist. Alice Bird is a multi-award winning Actress and producer with work premiering at Toronto international Film Festival and Raindance.

**PARTICIPANTS: £140 (Industry Members may participate in this workshop)**

Intermediate

A I

## Method Introduction

Sam Rumbelow

Wednesday 23, Thursday 24 October

10.30-17.30

Course: A46

A two-day course introducing the structure and techniques of Lee Strasberg's methodology, commonly known as Method. It is a full introduction and understanding of Method on a practical level with a selection of tools and techniques to take away and practice. You will have the means to expand your methodology by bringing into play particular tools of Lee Strasberg which address Relaxation/Sense Memory/Emotional Memory.

→ Sam Rumbelow brings over 38 years experience in stage, TV and film, which 19, has been building his body of work as a teacher and coach in Method. As an actor he has worked with Helen Mirren, John Thaw, Bill Paterson and Penelope Wilton amongst others. As a Method teacher Sam has worked with many established actors and coached for stage and screen.

**PARTICIPANTS: £80**

Intro

A

## The Inspired Voice

Susan Patrick Benson

Friday 25 October

10.30-13.30

Course: A311

The Inspired Voice uses exploration of voice and body to launch imagination, and freely develop emotional and physical connection to characters beyond an actor's comfort zone. Participants should have a short piece of memorized text. (15-50 lines)

→ Susan Patrick Benson is an associate professor in SIU's Theater Department and is currently SIU's voice and speech specialist. She teaches movement, voice, and dialects, and impediments. Professor Benson is an accomplished actor, having performed in Berlin and at many NYC venues as well as in regional theatres.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

Intermediate

A

I

## Commedia dell'Arte for the 21st Century

Chiara D'Anna

Friday 25<sup>th</sup> October

14.30-17.30

Course: A310

Run by one of the leading practitioners in the UK, this Commedia dell'Arte masterclass will offer you the opportunity to discover and expand skills that are fundamental in any performance setting: body and space awareness, physical stamina, a clear understanding of rhythm-tempo and, of course, comic timing.

→ Award-winning actor and director Chiara D'Anna (PhD, MA, MSc) is one of the leading Commedia dell'Arte specialists in the UK. She teaches and runs masterclasses on Commedia dell'Arte, Movement and Physical Theatre at RADA, East15 Acting School, Rose Bruford College, Goldsmiths University and Accademia Dell'Arte, Tuscany, Italy.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels

A

I

## Breathwork: For New Roles and New Beginnings

Lucy North

Saturday 2 November

14.30-17.30

Course: A309

Transitioning into a new role - and want to release excess emotional energy left over from your last part? This workshop is for you. Want a new beginning? This workshop is for you. Transformational Breathwork is a heart opening practice that helps us release the stuck energy in our body that gets in the way of us being our most fearless, clearest and most emotionally available selves.

→ Lucy North is an actress and Breathwork teacher who holds Breathwork workshops in London and New York. Lucy is certified as a Breathwork healer by David Elliott. David is the head of the David Elliott Breathwork school and runs an international teacher training Breathwork course out of Los Angeles and Joshua Tree.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels

A

I

## Stanislavski Workout

Seb Harcombe

Saturdays 2, 9, 16, 23 November

14.30-17.30

Course: A318

Based on the Stanislavski acting system, you will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. Each series will focus on one play or author. You will work through a play script and receive feedback and direction from the tutor. This workshop series will be rolling, with the option to book 4 weekly sessions at a time.

→ Previously Director of the BA Acting courses at both RADA and Drama Centre, Seb is now a freelance director and acting coach.

**PARTICIPANTS: £90**

Advanced

A

## Trust The Process

Geraldine Alexander

Tuesday 5, 12, 19, 26 November

10.30-13.30

Course: A313

These 4 sessions offers the actor a chance to develop their work into performance. It will cover each element of preparation; Script, Character and Story. Preparing text, playing objectives, actions, and technique, access to emotional and physical truth, enabling the actor to build a character and be in the moment. Please bring a learned monologue with you to the first class.

→ Geraldine is an actor, director and writer. She directed *The Crucible* at Chester Storyhouse, *Deathwatch* and *Amygdala*. She directs and teaches at RADA. Geraldine's acting work spans the Globe, RSC, NT, West End, Traverse, Royal Exchange and *The Young Vic*. She also develops her own work for TV and theatre.

**PARTICIPANTS: £90**

Intermediate

A

## Inspiration – Creating Worlds and Characters

Audrey Sheffield

Friday 8 November

10.30-13.30

Course: A317

In this workshop you will explore six imaginative steps you can use to help create inspiration, and to begin developing rich and layered characters, and a shared sense of the world of your play. Come away with a loose framework ready to be applied to any rehearsal or play.

→ Audrey is currently an Old Vic 12 Director 2019, a recipient of an MGC futures Bursary 2019/2020, and was nominated Best Director Finalist - Off-West-End Awards 2017/2018. Recent Directing and Associate Directing includes productions for Kiln Theatre, Arcola, Theatre 503, English Theatre Frankfurt, The Old Vic, National Theatre, RSC, Hampstead Theatre and in the West End.

**PARTICIPANTS: £22**

All Levels

A I

## Write Direction

John Caine

Friday 8 November

14.30-17.30

Course: A319

This is a practical and participatory workshop intended to help writers, directors and actors to explore and develop their understanding of the true nature of that creative collaboration. The workshop will consider the script as the basis of the production, and the ways in which a text can be read, interpreted and presented.

→ John Caine MBE, is an award winning author, and has written plays for stage, radio and television. He is an experienced theatre director, and has directed plays featuring Ben Kingsley, Bernard Hill, George Costigan and the late Malcolm Tierney.

**PARTICIPANTS: £22**

All Levels

A I

## Tune-Up

Niki Flacks

Wednesday 13, Thursday 14, Friday 15 November

14.00-18.00

Course: A91

This workshop is designed specifically for actors who have previously done the Acting With Passion workshop. It's a chance to reinvigorate the connections and revisit the joy.. Actors should come prepared with two well-memorised monologues. Emphasis will be placed on auditions with the third day videotaping. Actors have described this as "three days of magic". Please note: you MUST have completed 'Acting With Passion' before taking part in this workshop.

→ Niki Flacks' long and varied career has in recent years taken her unique approach to actors in the UK, Paris, Israel, New York, Berlin, Madrid and Rome. She also directs frequently in London, Paris and New York.

**PARTICIPANTS: £96, Observer Price: £40**

All Levels



## The Craft of Acting: Finding The Inner Key

Jason Riddington

Monday 18, Tuesday 19, Wednesday 20 November

10.30-17.30

Course: A167

This three part course will help you tap into characterisation. You will develop the tools to unlock a deep sense of truth and belief when developing character, making your performances and auditions more engaging.

→ Jason began his screen career playing Hareton Earnshaw in Peter Kosminsky's Wuthering. Jason has been a practitioner and teacher of Quigong for over 20 years and currently teaches acting techniques at Associated Studios and East 15.

**PARTICIPANTS: £66**

All Levels



## Playing the Detective

Malcolm Davies and Paul Bourne

Wednesday 20 November

10.30-17.30

Course: A289

Presented by two retired senior Detectives, this is a unique opportunity to get into the mindset of a Detective when investigating crime in order to assist actors when playing Police roles and give their performances authenticity.

→ Malcolm Davies and Paul Bourne were both Detectives in the Metropolitan Police and have a huge amount of experience in high profile investigations. They work closely with scriptwriters, Producers, Directors and Actors to ensure realism in Police methodology and Procedure.

**PARTICIPANTS: £25**

All Levels



## The Process: The Secret of Truthful Acting

James Bowden

Thursday 21, Friday 22 November

10.30-17.30

Course: A125

A two-day workshop designed to help you find a way to consistently create truthful emotions in performance, suitable for actors of all experience. Using James' own systematic approach to creating character designed to keep it simple! With elements from Stanislavski, Meisner etc, The Process has at its core the 'Four Principles' - the secret of truthful acting.

→ James has appeared in the original West End cast of The Beautiful Game, open air Shakespeare, pantomime, repertory theatre, off West End, number one tours, TV and music videos. James is the co-founder of The Dorset School of Acting.

**PARTICIPANTS: £75**

All Levels



## The Science Of Acting Technique

Teresa Grimsditch

Saturday 23 November

10.30-17.30

Course: A312

The Science of Acting is a comprehensive technique developed by Sam Kogan. Whilst aspects of the technique are rooted in Stanislavski's System, Kogan's curiosity in neurobiology and cognition enabled him to discover new methods of working. This workshop explores those methods and demonstrates the technique's potential within your own practice.

→ Teresa Grimsditch is a qualified acting coach who specialises in imagination training and green screen performance. She coaches professional actors and teaches at RADA, Royal Central, Drama Centre and the National Film and Television School. Teresa trained extensively with Sam Kogan at the School of the Science of Acting from 1991-1996.

**PARTICIPANTS: £40 (Industry Members may participate in this workshop)**

All Levels



## Creating Political Drama

Charlotte Westenra  
Sunday 24 November  
10.30-17.30  
Course: A320

All Levels



Drawing on the methodology of political theatre makers such as Theatre Workshop, Joint Stock and the Tricycle, this workshop for directors and actors will give participants the tools to create their own work that responds to the world in an immediate, rigorous and theatrical way.

→ Charlotte is a stage director and dramaturg specializing in political theatre and new writing, with an emphasis on the development of British musicals. She trained at the Donmar Warehouse and the Centre of the Theatre of the Oppressed. She is developing two new musicals, which will be premiered in 2020.

**PARTICIPANTS: £40 (Industry Members may participate in this workshop)**

## Cold Reading to Performance

Daniel O'Meara  
Tuesday 26 November  
10.30-17.30  
Course: A300

All Levels



This workshop is designed for Actors who are looking to continue to improve their craft. A pragmatic, no nonsense class to challenge and build an actors confidence. To inspire and make an actor attack a role with courage.

→ Daniel O'Meara has spent over 25 years working in Film, Television and Stage. He has been on the cutting edge of the industry. Working extensively in the UK, Europe and America. Daniel has worked on over 40 films

**PARTICIPANTS: £40**

## Create a One-Person Show

Guleraana Mir and Madelaine Moore  
Thursday 28, Friday 29 November  
10.30-17.30  
Course: A285

Introductory



The Thelmas bring you a practical guide to writing/creating a one-person show. Perfect for actors looking to make work for themselves. The workshop uses creative writing and performance skills to inspire participants to create a complex new character. You will leave with the skills to structure a complete idea.

→ The Thelmas, a new writing company dedicated to the development of female writers, is led by writer Guleraana Mir, and director Madelaine Moore. Their award-winning LADYKILLER sold out audiences and garnered critical acclaim at VAULT and Edinburgh festivals. Guleraana's OFFIE nominated COCONUT, was co-produced with Ovalhouse toured nationally.

**PARTICIPANTS: £85**

## Digging Deeper Into Meisner

Scott Williams  
Monday 2, Tuesday 3 December  
10.30-17.30  
Course: A94

Intermediate



What does it mean to "live truthfully" and how far can that concept take you into your acting? Over three days, this is the class to let you experience the full impact of our techniques, opening up your responses and helping to make performances that matter. Participant places are only open to those who have participated in The Meisner Technique workshop.

→ Scott Williams, who trained with Meisner at the Neighborhood Playhouse School of the Theatre in New York City, has been teaching actors, directors and writers for over 40 years. His company, The Impulse Company, has introduced new ways of creating vital performances to thousands of practitioners the world over, and has been a London mainstay for more than two decades.

**PARTICIPANTS: £80, OBSERVER: £30**



## Why Is That So Funny?

John Wright

Wednesday 4, Thursday 5 December

10.30-17.30

Course: A236

This workshop is on comic timing. We'll look at: slights, reversals, double takes, build-ups and payoffs, techniques that are endemic in physical comedy. To what extent can you make us laugh through the action you find yourself doing rather than the text you've been given to say?

→ John Wright is an award-winning international director: He co-founded Trestle Theatre Company and Told by an Idiot. Me-Me-Me a clown show, with Frank Wurzinger, is currently touring. His books: Why is that so funny? And: Playing the mask: acting without bullshit, are both very popular and published by Nick Hern.

**PARTICIPANTS: £80, OBSERVER: £30**

All Levels



## Practical and Physical Skills for Staging and Performing a One-Person Show

Peter Bramley

Thursday 5, Friday 6 December

10.30-17.30

Course: A292

A two-day workshop developing practical skills for staging and performing solo work, focusing specifically on the use of space, the body and the audience. Drawing from the teachings of Jacques Lecoq, this workshop will widen your perception of the endless possibilities of solo performance and inspire ideas for creating and exploring new work!

→ Peter Bramley is the Artistic Director and founder of multi award winning theatre company Pants on Fire. He trained with Jacques Lecoq in Paris and has an MA in Theatre Practices. He was Head of Movement at Rose Bruford College for 12 years and has taught workshops internationally, including Yale University (USA), The Moscow Arts Theatre School (Russia), Soulpepper Theatre Company (Toronto, Canada,) DAMU (Prague, Czech Republic) and Institut Teatre Barcelona (Spain).

**PARTICIPANTS: £80 (Industry Members may participate in this workshop)**

All Levels



## 'The Elements' Preparation Day

Mel Churher

Tuesday 10 December

11.30-18.30

Course: A199

There's little or no rehearsal for screen. How do you prepare without deciding 'how' to play it? This is a different way to look at script preparation through muscle memory and elemental connections. Physical metaphors, breath and body connections, improvisations, different use of senses, how to create vivid mental connections— you'll explore it all to help the actor find confidence, bravery and the ammunition to bring a script to life. Please wear comfortable clothing.

→ Mel's an international acting and voice coach. She's been resident voice coach for the RSC & Regents Park Open Air Theatre, runs international workshops, and has coached on over 60 major films & TV series. ([imdb.me/melchurher](http://imdb.me/melchurher)) Her books are: Acting for Film: Truth 24 Times a Second (Virgin Books) & A Screen Acting Workshop + DVD (Nick Hern Books).

**PARTICIPANTS: £40**

Intermediate



## Being in the Moment

Joy Richardson

Wednesday 11 December

11.00-17.00

Course: A228

This one day workshop explores how to 'be in the moment' and 'be present' during performances and auditions. We will look at various ways to keep your performance fresh and exciting, however frequently you play the same part. The characters you create will live through you and connect with the audience, as you travel on a journey of discovery.

→ Joy is an actor who has performed in productions at Shakespeare's Globe, The National Theatre, and in the West End, including working with Sir Peter Hall, Sir Richard Eyre, Katie Mitchell and Kathryn Hunter. She has performed with Judi Dench, Mark Rylance, and Michael Caine. Joy has appeared in Welcome to Thebes, at the National Theatre, Song of Songs with the Royal Shakespeare Company, and The Taming of the Shrew for Shakespeare's Globe.

**PARTICIPANTS: £40**

Intermediate



## Comedy Toolbox

Peta Lily

Saturday 14, Sunday 15 December

10.30-17.30

Course: A102

De-mystify funny! Learn clear, memorable techniques and gain understandings to work comedy playtexts or support your own performance work. Open your physical and vocal expression, learn to engage audiences. Bring a comedy speech or text (something you can approach freshly). Bring two copies. It does not need to be memorised.

→ Peta Lily is an award-winning performer, director. Directs theatre works in UK and abroad including award-winning Je Regrette for Sarah-Louise Young. Teaches at RCSSD and RADA.

**PARTICIPANTS: £80**

Introductory

A

## acting: weekly / fortnightly / monthly

### Improvisation – Monthly Workshops

Charlotte Gittins/Jonah Fazel

Tuesdays 8 October, 5 November, 3 December

18.30-21.30

Course: A63

Ideal for performers of any experience, each session will introduce you to some of the fundamentals of improvisation. Whether you want to improve your confidence, get some tips on improv in the audition room, enhance your own creative work or just become a more flexible, spontaneous and present performer. These sessions will be run by either tutor, in rotation.

→ Charlotte is an actor, comedian and BAFTA Rocliffe-winning writer. One of the stars of award-winning West End show 'Austentatious: An Improvised Jane Austen Novel', she performs, directs and teaches at major festivals around the world. Her current shows include the critically-acclaimed 'Folie à Deux', 'Grand Theft Impro' and 'Monkey Toast'.

→ Jonah is an experienced comedian, actor, theatre-maker and television presenter who trained at Royal Central and the Webber Douglas Academy. He has been teaching improvisation for over a decade. He tours Nationally with the hit comedy shows 'Bumper Blyton', and is a Series regular in BAFTA winning comedy series 'History Bombs'.

**PARTICIPANTS: £22**

All Levels

A

### Working

Nathan Osgood

Wednesdays 9 October, 13 November, 11 December

18.00-21.00

Course: A49

It's 5 O'clock in the afternoon and your agent sends you a script to be learned for the following morning. This class helps you through that by making interesting choices and getting off book by the third hour and performing as if in an audition with our strong thru line, beat changes and character. Working is about getting the job.

→ Nathan's teaching credits include, many years at the actors centre, Stella Adler in Hollywood, and his own acting studio in the West End. His acting credits include seasons at the National Theatre, Royal Court, Chichester and the Young Vic. Film & TV include 'Holmes & Watson', '55 Steps', 'Undercover', 'The Honourable Woman' as well as directing theatre, he is a regular on BBC radio.

**PARTICIPANTS: £22**

All Levels

A

### There's No Such Thing as Character

Chris New

Saturdays 12, 19 October, 2, 16, 31 November, 14 December

10.30-13.00

Course: A176

A startling and fresh viewpoint on acting and how to do it. Evolved from Chris New's experience as a working actor this weekly class cuts through the myths and mysticisms that surround acting and delivers a clear, concise process which encourages you to remove the mask of character and, instead, have the confidence to trust what is already within you.

→ Chris trained at RADA and made his debut starring in the West End revival of BENT, for which he was nominated for an Evening Standard Theatre Award. He has lead companies at the National Theatre, The Young Vic and the RSC and starred in the critically acclaimed WEEKEND. He has also written numerous plays and the indie-hit feature film CHICKEN.

**PARTICIPANTS: £22**

All Levels

A

## Meisner Workout

Kate Maravan and Debbie Bridge

**Mondays 7, 14, 21, 28 October, 4, 11, 18, 25 November, 2, 9 December**

**14.00-17.00**

**Mondays 14, 21, 28 October, 4, 11, 18, 25 November, 2, 9 December**

**18.00-21.00**

**Course: A222**

Explore how the Meisner Repetition exercise and being embodied enables us to listen fully to ourselves and the other actor. Discover how to enter a state of flow in which spontaneous impulse and responsivity in the moment are unencumbered. An intro level of Meisner is required to participate.

→ Kate is an actress, writer and teacher. She trained at RADA and has co-written scripts for theatre, BBC and C4. She is currently touring her solo show *The Old House*. Kate teaches in the UK and internationally and has developed a movement practice alongside the core Meisner Technique exercises.

**PARTICIPANTS: £22 / OBSERVERS: £12 (Industry Members may participate in this workshop)**

Intermediate



## Poetry Group

Peter Kenny and Catherine Harvey

**Wednesdays 9, 23 October, 6, 20 November, 4 December**

**14.00-17.00**

**Course: A8**

Performing poetry is the perfect way to develop your craft as an actor, improving sight reading skills, exploring verse texts, and finding your unique voice by engaging with language and form. Members of the Poetry Group may be asked to form an ensemble that performs at live poetry events.

→ Catherine is a regular reader on Radio Arts programmes including *Poetry Please* and *Words and Music*. She recently co-produced *Tongue and Talk* for Radio 4, writing/presenting the episode on Lancashire Dialect Poetry. A recipient of the Poetry Society's Gold Medal, she's taught at drama schools including Central, Guildhall and Mountview.

→ Whilst with the BBC Radio Drama Company Peter made numerous recordings of poetry for *Kaleidoscope* and *Woman's Hour*. He has twice been shortlisted for Best Audiobook of the Year and received Awards for his recordings of the works of Iain Banks, Neil Gaiman, Jonas Jonasson, and Claire North.

**PARTICIPANTS: £22**

Intermediate



**Crash Course in Screen Acting**

Jesse Quinones

Tuesday 1 October

10.30-17.30

Course: TV73

Intermediate

A

Using several performance based exercises, Jesse Quinones will take you through a series of emotional and innovative acting exercises that will strengthen your screen performance. All exercises will be filmed. During the course participants will explore topics such as the art of the self-taped audition, speaking without words, drawing on personal experiences, the power of improvisation, how to cope with a non-linear shooting schedule and preparing yourself to work with no direction. The course will enable participants to harness the necessary skills to perform in front of the camera, to convert the techniques they have already acquired for screen and to enter the world of film and television with confidence.

→ Jesse is a writer/director and Producer from Miami who has lived in London since 2000. He is drawn to telling stories on either side of the Atlantic. In March 2013 he completed his feature film *Calloused Hands*, which played in over 20 film festivals and was picked up for distribution. His most recent feature film is 'Cagefighter', a London set fight movie, is set to shoot later in 2019. Jesse regularly teaches performers, writers and directors, and has taught at various institutions across the UK including MET Film School, London Metropolitan University, Brighton Film School, Advanced Studies in England, the Actors Centre, Act Up, Spread the Word, Anna Fiorentini Stage & Screen School, and the D & B School of Performing Arts.

**PARTICIPANTS: £65****Screen Workout**

Terry Iland

Fridays 4, 11, 18, 25 October (Finlay Robertson to take last session)

10.30-13.30

Tim Newton

Fridays 1, 8, 15, 22 November

10.30-13.30

TBC

Fridays 2, 3, 4, 5 December

10.30-13.30

Course: TV117

Advanced

A

This workshop series gives participants the opportunity to develop their screen technique in a collaborative environment, with a consistent group. You will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. You will also work through scripts on camera, and review footage. Participants can choose from a selection of scripts or bring in their own pieces. These workshops will increase and maintain your confidence and ability to perform on screen and take direction. You also have the opportunity to observe and understand what the director is looking for during a scene. This workshop series will be rolling, with the option to book 4 weekly sessions at a time. The tutor leading the sessions will change monthly.

→ Terry has directed hundreds of hours of television on many continuing drama series in the UK. Credits include *Casualty*, *The Bill*, *Down to Earth*, *Dream Team*, *Grange Hill*, *EastEnders*, *Expert Witness*, *Heartbeat* and over 150 episodes of *BBC Doctors*.

→ Tim is a passionate storyteller with over twenty five years experience directing, writing and producing independent film, TV, commercials, corporate and documentary films.

**PARTICIPANTS: £110****Screen Acting - Be Real and Believable**

Daniel Dresner

Wednesday 9, Thursday 10 October

10.30-17.30

Course: TV11

Intermediate

A I

A two-day practical workshop which focuses on being real and believable on screen. Working on prepared scenes and using exercises you will take away tools and techniques which will enable you to be honest, truthful and colourful every time.

→ Daniel studied at the Lee Strasberg Theatre Institute in New York City and is a London based life and acting coach.

**PARTICIPANTS: £130 / OBSERVER: £45**

## Get Your Act Together into Screen Acting

Vivienne Cozens

Saturday 12, Sunday 13 October

10.30-17.30

Course: TV124

A two-day workshop to develop your screen acting confidence, which will include exercises such as hitting marks to appear on camera in focus, and improvisation. This will help you see how natural performances quickly emerge without a script. You will be sent a selection of scripts to choose from – new writing, soap opera scripts from various programmes, film scripts and assorted content. Throughout the workshop, participants to view playback from each shot size completed. Close-Ups, Movement on Camera and Sound all help to visualize improvement. Ways to move on camera will be emphasized and how to act in Close Up.

→ Vivienne is a drama director with years of experience in directing adults and children for the BBC, Independent film companies, and ITV companies, plus International shooting of feature films in Germany, Malaysia and Ireland. She has been a drama teacher at Italia Conti, Bristol Old Vic Theatre School, Alra, Drama Studio and East15. Credits include EastEnders, Blakes Seven, Angels, Fair City, Grange Hill and Brookside.

**PARTICIPANTS: £130, OBSERVER: £45**

Intermediate



## Presenting for TV

Kathryn Wolfe

Monday 14, Tuesday 15 October

10.30-17.30

Do you need to talk to camera to build a business online? Or do you want to present on mainstream TV? This 2 day highly practical workshop will give you techniques to present confidently to camera and take your existing skills to the next level.

→ Kathryn Wolfe is a highly experienced presenting tutor; for more than 15 years she has devised and taught short courses in TV presenting across the UK, coaching hundreds of TV presenters and launching countless careers.

**PARTICIPANTS: £295 (Industry Members may participate in this workshop)**

All Levels



## Get Into Screen Acting

Laurence Mitchell and Suzy Catliff

Monday 21, Tuesday 22, Wednesday 23, Thursday 24, Friday 25 October

10.30-17.30

This five-day course for newcomers to the profession offers an exciting, dynamic and creative introduction to acting and auditioning for camera.

→ Laurence Mitchell trained at Drama Centre London and has been working as an actor for over 16 years. Theatre work includes the National Theatre, Young Vic, The Old Vic, Almeida, RSC, Soho Theatre, Lyric Hammersmith and Manchester Royal Exchange among others. He has taught at Central, Drama Centre, ALRA, Central St Martin's and is a visiting tutor at the Copenhagen International School for the Performing Arts.

→ Suzy Catliff's TV casting includes: Casting Associate (UK) for Shaftesbury Films, Toronto; Casualty, Silent Witness, Primeval, D Day. Film: Bunch of Amateurs, Stormbreaker. Assistant: Sense & Sensibility, The English Patient, Hackers. Theatre: Changeling TC, Theatr Clwyd. Member of the CDG, a theatre director and lecturer. Co-author The Casting Handbook, publisher Routledge.

**PARTICIPANTS: £515 (Industry Members may participate in this workshop)**

All Levels



## Screen Acting: The Secrets to Performing Your Best

Linda Ludwig & James Curle

Thursday 31 October

10.30-17.30

Course: TV119

A practical day exploring the art of delivering on take one. We'll perform and play back, discussing the individual actors' camera performances in detail and sharing the secrets no one tells you. You will learn how to deliver your best work on set and understand how to nail your showreel.

→ Linda and James are award-winning directors, directing drama and commercials together since 2011. Their film "Man of the Hour" won Best Short at the Cannes Film Festival 2018, AmPav, and was selected for over 10 festivals, including BAFTA and Oscar qualifiers. They are now working on their debut feature.

**PARTICIPANTS: £65**

All Levels



## Sony Camera Skills Intensive

Jeremy Humphries

Thursday 31 October- Friday 1 November

10.30-17.30

Wednesday 13 – Thursday 14 December

10.30-17.30

Course: TV125

As an actor or director you are used to telling stories, but have you wondered how a camera translates a performance to engage your audience? In this workshop we look at camera skills from both sides of the lens, to ensure you are getting the best footage as both an actor or director. This workshop is ideal for those looking to start shooting their own footage, and make their own work.

→ Jeremy Humphries is a practising BBC trained documentary Director of Photography with over 30 years' experience. His company Skills2Film provides camera craft training to clients ranging from Channel 4, to the BBC, Sony and numerous independent production companies. Jeremy has provided camera skills training for the cast of Bear Grylls The Island.

**PARTICIPANTS: £140**

All Levels



## Screen Workout

Tim Newton

Fridays 1, 8, 15, 22 November

10.30-13.30

Course: TV117

This workshop series gives participants the opportunity to develop their screen technique in a collaborative environment, with a consistent group. You will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. You will also work through scripts on camera, and review footage. Participants can choose from a selection of scripts or bring in their own pieces.

→ Tim is a passionate storyteller with over twenty five years experience directing, writing and producing independent film, TV, commercials, corporate and documentary films.

**PARTICIPANTS: £110**

Advanced



## A Close-Up on Screen Acting

Bob Bierman

Tuesday 12 November

10.30-17.30

Course: TV16

By shooting and watching back TV and film scripts, in close-up, actors will see their performance change and improve from take to take. Maximum on screen time, with director's comment, feedback and advice.

→ Robert Bierman is a BAFTA award winning TV and film director. Credits include Keep the Aspidistra Flying, Blonde Bombshell, Between the Lines (BAFTA Winner) and Waking the Dead (Emmy Winner).

**PARTICIPANTS: £65**

Intermediate



## Shooting Performance

Tim Leandro

Thursday 14 November

10.30-17.30

Course: TV123

What is required of an actor on a film set? What does the camera need from you? This is a practical workshop replicating the process of shooting scenes in the television environment. We will be shooting scenes under realistic time-pressure and exploring how effective performances are delivered in this context.

→ Award winner and two-time BAFTA nominee Tim Leandro is a director of television drama and film with over 30 years' experience. His credits include Eastenders, Casualty, Emmerdale, Hollyoaks, The Bill, Ultimate Force, The Inspector Lynley Mysteries, The Vice, North Square and The Famous Five.

**PARTICIPANTS: £65**

Introductory



## Sony Camera Skills Advanced

Jeremy Humphries

Saturday 16 November

10.30-17.30

Course: TV126

This advanced workshop introduces actors and directors to lighting; how to light their cast, what equipment to use and how to apply to create a mood and atmosphere. In small groups you will get hands on experience using the Sony HRX-NX200 4k Professional Camcorder. Working through theory and practical exercises, you will gain a thorough understanding of how to light a scene that is cost and time efficient and realises the script and tells a story.

→ Jeremy Humphries is a practising BBC trained documentary Director of Photography with over 30 years' experience. His company Skills2Film provides camera craft training to clients ranging from Channel 4, to the BBC, Sony and numerous independent production companies. Jeremy has provided camera skills training for the cast of Bear Grylls The Island.

**PARTICIPANTS: £70**

Advanced



## Performing for the Screen Lab

David Bonneville

Thursday 28 November

10.30-17.30

Course: TV30

The actor will build the character as a personal, highly unique creation under the director/tutor's supervision through practical exercises in groups and individually; improvisations; on-camera scene work; physical blocking of scenes and the effect it attains on-screen; static dialogue and dialogue in action; character dynamics. All exercises will be followed by viewings and discussion.

→ David Bonneville is a writer-director. His emphasis is on the actor. He has an in-depth technique in character construction, which translate into stellar performances enjoyed by both audiences and juries (his leads have won multiple awards). His films have premiered at Locarno, Hamptons, TIFF, SXSW. David is currently in postproduction with The Last Bath, financed by the ICA, RTP, Eurimages, CNC.

**PARTICIPANTS: £65**

All Levels



## Screen Workout

TBC

Fridays 2, 3, 4, 5 December

10.30-13.30

Course: TV117

This workshop series gives participants the opportunity to develop their screen technique in a collaborative environment, with a consistent group. You will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. You will also work through scripts on camera, and review footage. Participants can choose from a selection of scripts or bring in their own pieces.

**PARTICIPANTS: £110**

Advanced



## What to Expect on the Set

Todd Kramer

Thursday 5 December

18.00-20.00

Course: TV80

This workshop is an opportunity to discuss and discover the ins-and-outs of a professional, working film/TV set so you can arrive to work with confidence. We'll discuss industry terminology, look at genuine call-sheets and sides, job description, duties and hierarchy of the crew. We will go over the different travel situations (details/pick-ups) one might encounter, costume fittings, doing your own stunts, your entitlements, payment types and more.

→ Todd Kramer is an American born actor and improviser with nearly 20 years' experience. He holds a BA in Theatre Arts from Loyola Marymount University LA and studied with the renowned Groundlings in Los Angeles for over 3 years. He is now based in London as a stage, film, commercial and TV actor.

**PARTICIPANTS: £18**

All Levels



## Working on Film: The Director/Actor Collaboration

Tim Fywell

Saturday 7, Sunday 8 December

10.30-17.30

Course: TV104

By shooting and watching back TV and film scripts, in close-up, actors will see their performance change and improve from take to take. Maximum on screen time, with director's comment, feedback and advice.

→ Tim Fywell is one of the most experienced directors working in TV drama, in the UK and internationally. Working across TV drama and feature films, he has worked with a host of accomplished actors including Mira Sorvino, Romola Garai, Robbie Coltrane, Stellan Skarsgard, Helena Bonham-Carter, Michael Sheen, Bill Nighy, Daniel Craig, Anna Friel, Christopher Eccleston, Sarah Lancashire, Lia Williams, Douglas Hodge, Ciaran Hinds and Andrew Lincoln.

**PARTICIPANTS: £130 (must be a director to participate as an Industry member)**

All Levels



## Acting for Camera: Taking Away the Fear

Sue Dunderdale

Monday 9, Tuesday 10 December

10.30-17.30

Course: TV74

A workshop to help you to make the connection between your theatre training and acting for camera. We will work to guide you through the steps to using energy and emotion on camera. This will involve the preparation needed to play a scene with depth and truthfulness.

→ Sue is a freelance director and writer and for ten years was the Head of the MA in Directing at RADA. She has worked extensively in theatre and in television and has been Artistic Director of Pentabus Theatre Company, the Soho and Greenwich Theatres. She was recently guest professor at the Shanghai Vancouver Film School.

**PARTICIPANTS: £130**

Introductory



## Sony Camera Skills Intensive

Jeremy Humphries

Wednesday 13 – Thursday 14 December

10.30-17.30

Course: TV125

As an actor or director you are used to telling stories, but have you wondered how a camera translates a performance to engage your audience? In this workshop we look at camera skills from both sides of the lens, to ensure you are getting the best footage as both an actor or director. This workshop is ideal for those looking to start shooting their own footage, and make their own work.

→ Jeremy Humphries is a practising BBC trained documentary Director of Photography with over 30 years' experience. His company Skills2Film provides camera craft training to clients ranging from Channel 4, to the BBC, Sony and numerous independent production companies. Jeremy has provided camera skills training for the cast of Bear Grylls The Island.

**PARTICIPANTS: £140**

All Levels





# screen: weekly / fortnightly / monthly

## Putting in the Hours

Various Tutors

Thursdays from 3 October

13.30-15.30 or 15.45-17.45

Course: TV48

These innovative weekly workshops are specifically designed to help members improve their screen skills and to gain experience and confidence. During these record-and-review sessions, participants will film short sequences and discuss the playback with an experienced director or tutor.

→ These workshops will be led by a small team of tutors including Daniel Dresner, David Corbett, Jim Mannering & Finlay Robertson. Please check individual dates on the website for tutor biographies.

**PARTICIPANTS: £25**

All Levels

A

## Audition Practice on Camera

John Melaine

Tuesdays 8, 22 October, 5, 19 November 3 December

14.30-17.30

Course: TV1

Weekly on-camera workshops to learn, practise and review TV and film auditioning and sight reading skills. Practice makes perfect – but practise between auditions, not during them when a mistake can lose you work. Please bring a SD card with you to record.

→ Combining forty years' experience, acting in TV, Film, Commercials and Theatre with his 25 years' experience taking thousands of actors through casting sessions on behalf of Hubbard Casting and others, John has taught at various drama institutions and privately for 20 years workshops designed to increase actors success rates auditioning.

**PARTICIPANTS: £22 / OBSERVERS: £12**

All Levels

A I

## Own Your Sh♥t! (for Screen Acting): Acting is Simple, Confidence is Key

Ewa Kolodziejska

Wednesdays 16 October, 13 November, 11 December

10.30-17.30

Course: TV78

This monthly practical workshop will explore screen acting in a quick and accessible way. You will get to experience Ewa's Own Your Sh♥t! technique first hand, before the book is out, and see your work off and on camera! A commitment to work in class and on your own at home will ensure that you learn all you need to be a fulfilled working actor.

→ Ewa is an international acting coach and theatre director. She trained as an actress at Arts Ed, LAMDA and RADA. In 2010, she completed her MA in Actor Training and Coaching at RCSSD. She also works as a visiting lecturer. Her current research practise lies in 21st century life coaching, concentrating on the science of success and the importance of self-belief.

**PARTICIPANTS: £55**

All Levels

A

**Self-Penned Performance**

Charlotte Josephine  
Thursday 10 October  
18.00-21.00

Course: WR33

How do you stay safe when writing from personal experience? How d'you stop it all becoming a bit self-indulgent? Where do you even start?! Expect honest conversation, questions explored and exercises on generating material to begin writing yourself the perfect part for you.

→ Charlotte is a writer and actor. Their latest play 'POPS' will be at the Edinburgh Festival 2019 and then High Tide Festival. Charlotte's previous award-winning plays 'BITCH BOXER' and 'BLUSH' toured nationally and internationally. Charlotte recently played Mercutio in the RSC's 'Romeo and Juliet'.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels

**Thinking of Writing a Play?**

Scott Howland  
Saturday 19, Sunday 20 October  
10.30-17.30

Course: WR30

The course will cover basic writing technique, style and structuring - the fundamentals for writing a compelling stage play. It will also address the usage of writing software. These techniques will then be outlined as simple, yet effective scaffolding to assist attendees to begin writing their own script.

→ Scott achieved an MA in Text and Performance from RADA, specialising in writing for stage as well as acting. He is the Artistic Director of N2P, a London theatre ensemble currently working with the London Film School to develop scripts with MA Screenwriting students. Scott has written and produced three original plays to date.

**PARTICIPANTS: £80 (Industry Members may participate in this workshop)**

All Levels

**Writing Scenes that Work**

Andy Hinds  
Wednesday 23 October, 6 November  
10.30-17.30

Course: WR16

This workshop is an introduction to the skills required to write scenes which are clear, energetic and engage an audience. Although its focus is on scenes, the day will demonstrate how the principles which make a scene 'work' are the same as those which successfully shape a play as a whole.

→ Andy has been writing, teaching, directing and coaching actors and directors for over thirty years. He has taught Acting Shakespeare at RADA, and was, for many years, on the Academy's audition panel.

**PARTICIPANTS: £80 (Industry Members may participate in this workshop)**

Introductory

**Finding Your Play**

Suzette Coon  
Saturday 9, 16 November  
10.30-17.30

Course: WR31

Get crystal clear about what you need to say, and find the best form with which to express it. Come with your ideas and be ready to play, brainstorm and collaborate by working as a group and in pairs. At the end of the two workshops you should have a strong foundation on which to build your play.

→ Suzette Coon is a writer and artistic director of theatre company, Little Pieces of Gold. Her current play: 'A Balaboosta in London' is being supported by ACE and Watford Palace Theatre. Since 2010, as artistic director of LPOG, she has produced almost 400 short plays by up and coming, established and award winning playwrights. Little Pieces of Gold's anthology, Short Plays with Great Roles for Women, will be published by Routledge Books in December 2020 and features 22 short plays for women by both emerging, established and award winning playwrights.

**PARTICIPANTS: £80 (Industry Members may participate in this workshop)**

All Levels



## What's the Story?

Tom Wright

Wednesday 20 November

18.00-21.00

Course: WR34

Story is one of the first words we learn as a child. But so often as artists we get hyped about a new theme, character or situation for a play and when asked 'so what happens next?' we are hit with a cold, empty dread. Never fear! This practical workshop will help you unpack what 'story' is and learn how to develop it within your plays.

→ Tom is a London based playwright, theatre director and producer, originally from Coventry. He is currently the Head of Artist Development for The Old Vic. His two back-to-back debut plays were nominated for seven Off West End Awards including Best New Play and Most Promising Playwright.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels



writing: weekly / fortnightly / monthly

## Writers Drop-in

Stewart Permutt

Fridays 4, 18 October, 1, 15, 29 November, 13 December

18.30-21.30

Course: WR1

Writers bring extracts of work for stage, radio or screen to be read aloud for feedback. People are welcome who just want to come along and observe and share ideas. Currently public readings of writer's work are being showcased in The John Curry and John Thaw studios. Former student won the Verity Bargate Award.

→ Stewart Permutt has run workshops at The Globe, Channel 4 and Morley College. Writing includes REAL BABIES DON'T CRY (Edinburgh Fringe First) A DARK NIGHT IN DALSTON (PARK THEATRE). UNSUSPECTING SUSAN (Kings Head, New York, Stuttgart, Philadelphia, St. Louis), SINGULAR WOMEN (Radio 4, Edinburgh, Australia).

**PARTICIPANTS: £10, OBSERVER: FREE**

All Levels



# shakespeare

## Introduction to Shakespeare

Zoe Waterman

Fridays 11 October

10.30-17.30

Course: SH75

All Levels



Not sure where to start with Shakespeare's language? Always been a bit nervous of verse? This is a practical workshop exploring Shakespeare's plays, unlocking the language and characters as you would in the rehearsal room. We will look at understanding verse rhythms and how to approach iambic pentameter, identifying clues and imagery within the text to inform your performance, and also finding and exploring key themes to demystify the plays and engage with their contemporary relevance. This workshop is appropriate for actors and directors who want to gain confidence and skill in approaching Shakespeare's work.

→ Zoë was Associate Director of the New Vic Theatre, 2018-2019. Theatre includes: The Rise and Fall of Little Voice, Shining City, The Bogus Woman (Theatre by the Lake); Intemperance, Table, Playhouse Creatures, The Kitchen Sink (New Vic Theatre); Dick Whittington, Sleeping Beauty (Theatr Clwyd); The Rubenstein Kiss, Amy's View (Nottingham Playhouse).

**PARTICIPANTS: £40 (Industry Members may participate in this workshop)**

# shakespeare: weekly / fortnightly / monthly

## Shakespeak

Charlie Westenra

Thursdays 24 October

18:00-21:00

TBC

28 November

18:00-21:00

Course: SH66

Intermediate



Since 2016 the Shakespeak group has been exploring collaboratively the speaking of Shakespeare. Monthly workshops are led by visiting practitioners and members of the group; after attending your first session, you may be invited to become part of the Shakespeak group and have access to ongoing workshops, and performance opportunities.

→ Charlotte was the Resident Assistant Director at the Donmar Warehouse 2004–05 and directed Kiss of the Spider Woman and Lower Ninth for the theatre, as well as working as Associate Director to Michael Grandage for Frost/Nixon and to Jamie Lloyd for Piaf (Donmar Warehouse and West End). She went on to work at theatres including the Tricycle, Trafalgar Studios and Sheffield Crucible. She is currently an Associate Artist at the Gate Theatre, where her productions include Sunset Baby.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

# voice

## Supercharge your Vocal Confidence

Michael Hill

Tuesday 8, 15, 22, 29 October

10.30-13.30

Course: VC157

A 4-week course in the fundamentals of safe and beautiful vocal technique, for actors and singers.

→ Michael is a voice coach, singer and freelance broadcaster, with a particular interest in voice science and its practical applications for expressive speaking and singing. His vocal coaching has embraced a wide range of different performers and styles – from teaching singing and accents to TV actors, coaching West End singers, helping lawyers with public speaking and even training international metalcore bands to grunt safely on tour!

**PARTICIPANTS: £90 (Industry Members may participate in this workshop)**

Introductory



## The Big Three Voice Notes - and How to Avoid Them

Yvonne Morley

Wednesday 30 October

10.30-17.30

Course: VC18

This is a workshop looking at commonly given voice notes on stage, screen and in the studio ... and how to fix them. Practical exercises will build into a simple and effective “tool-kit” useful through rehearsal and during performance whether on stage, screen or in the studio. Handouts will be provided.

→ Yvonne Morley-Chisholm has worked as a voice and vocal coach for over thirty-five years. Formerly Head of Voice at LAMDA she is an associate with the RSC, RNT, Shakespeare’s Globe and Shakespeare’s Rose Theatres. Other work includes West End productions, BBC, various independent TV companies, voiceover and radio.

**PARTICIPANTS: £40**

All Levels



## Tools To Improve and Protect Your Voice

Ian Macdonald

Monday 4 November

10.30-13.30

Course: VC4

Exploring pertinent personal voice issues, this workshop will focus on how the breath can be controlled to reduce anxiety and vocal damage, as well as increase brightness, volume and projection. Participants will gain subtle skills to increase confidence, as well as learn useful knowledge on maintaining vocal health.

→ Ian studied music and psychology at Glasgow University and Vocal Pathology at University College London. Between these two he also graduated from the Royal College of Music in voice, piano and composition.

**PARTICIPANTS: £22**

All Levels



## Accent Work for Non-Native Speakers of English

Michael Hill

Monday 11, Tuesday 12 November

10.30-17.30

Course: VC58

Accents, like singing a particular song, have specific melodies, rhythms and vowel qualities. If you’ve struggled with the Phonetic Alphabet, or you find yourself getting lost in the details of an accent, this workshop will show you, using the latest in science-based vocal technique and practical tips and tricks, how to find the ‘song’ of an accent and embed this into your muscle memory.

→ Michael is a voice coach, singer and freelance broadcaster, with a particular interest in voice science and its practical applications for expressive speaking and singing. His vocal coaching has embraced a wide range of different performers and styles – from teaching singing and accents to TV actors, coaching West End singers, helping lawyers with public speaking and even training international metalcore bands to grunt safely on tour!

**PARTICIPANTS: £80 (Industry Members may participate in this workshop)**

Introductory



## Vocal Extremes

Yvonne Morley

Thursday 12 December

10.30-17.30

Course: VC42

All Levels



A practical workshop for actors, voice artists and performers. Skills for screaming, shouting and the more challenging aspects of voice work on stage, screen and in the studio. An approach designed to keep you safe while delivering work that looks and sounds like the real thing - without damaging your voice.

→ Yvonne Morley-Chisholm has worked as a voice and vocal coach for over thirty-five years. Formerly Head of Voice at LAMDA she is an associate with the RSC, RNT, Shakespeare's Globe and Shakespeare's Rose Theatres. Other work includes West End productions, BBC, various independent TV companies, voiceover and radio.

**PARTICIPANTS: £40, OBSERVERS: £15**

voice: weekly / fortnightly / monthly

## Accent Clinic

Terry Besson

Saturdays

10.30-13.30

Course: D1

All Levels



Private, half-hour accent clinic. Please advise Reception which particular accent you wish to study. Using notes, exercises, and examples on CDs to work through the changes of muscularity, breathing, rhythms and flow, etc, for the accent we are approaching. Helping you to sound like you come from somewhere else.

→ Terry is one of the country's leading accent and dialect specialists. His vast experience gained in over 30 years working on film, TV, radio and theatre projects has given him a unique approach to the vocal and physical changes needed when approaching acting in another accent.

**PARTICIPANTS: £32 for a 30 minute session (Industry Members may participate in this workshop)**

# recorded voice

## Assembling a Reel for Video Games

Peter Oliver Warnock

Thursday 3 October

10.30-17.30

Course: RV19

Ever wanted to enter the voiceover video games industry but not sure where to start? This workshop will give you the tools and industry tips you need to prepare for recording your games reel and for working in this exciting, high-opportunity world. Using practical exercises, precise direction and working with studio quality equipment, you will develop solid mic technique and focus on supporting the voice while playing with accents and characters. Develop confidence reading a games script and responding to client direction, and build a shout regime to grunt safely without damaging your voice.

→ Peter is an actor, VO and highly regarded voice-director and acting coach with over 25 years experience. Recorded more than 10,000 voices, including hit video game Witcher3. As a voice and acting coach work includes: Warner Bros, LAMDA, ALRA, BSA and Actors Centre.

**PARTICIPANTS: £65**

Introductory

A

## Commercial Voiceover Crash Course

Katie Lyons and Ruth Gibson

Wednesday 9 October

10.30-13.30

Course: RV15

An access level workshop for actors with limited experience in voiceover, or actors wanting to expand their knowledge. Using practical exercises, we will help you understand your voice quality, agents and voice reels, whilst giving studio techniques to help you feel confident for when you work with a client.

→ Ruth and Katie are both actors with a wealth of Voice Over experience, having voiced numerous commercials, audiobooks, documentary, video games and animation. They set up reelvoiceslondon.co.uk to deliver workshops, coaching and voice reels for actors and are excited to work with actors at all stages of their careers.

**PARTICIPANTS: £40**

Introductory

A

## Voice Reel Q&A

Tim Stockwell

Thursday 17 October

18.00-19.00

Course: RV29

“What is expected of me?” “Do I provide the scripts?” “What do I need to prepare?” and many more questions will be answered in this Q & A session. Helping you prepare for your voice reel. You’ll leave with a greater knowledge and understanding of the voice reel process.

→ Tim Stockwell started Silver-Tongued Productions over 20 years ago; a studio recording and producing high quality, bespoke Voice Reels/Singing Demos. A relaxed, creative atmosphere in which to record was the goal, one that he’s successfully achieved making the Voice Reels/Singing Demos produced at Silver-Tongued Productions as individual as the actor.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**

All Levels

A I



## Audio Books

Peter Warnock

Monday 4 November

10.30-17.30

Course: RV18

An incredibly practical workshop using professional kit exploring the audiobook industry. Receive expert direction, develop a believable range of voice qualities for a variety of genres, use physicality to alternate between characters, develop a daily voice routine, loads of mic time, sight-reading and flow, and find where your voice fits!

→ Peter is an actor, VO and highly regarded voice-director and acting coach with over 25 years experience. Recorded more than 10,000 voices, including hit video game Witcher3. As a voice and acting coach work includes: Warner Bros, LAMDA, ALRA, BSA and Actors Centre. Peter runs his own company <http://www.thevoicezone.co.uk> where you can find out more!

**PARTICIPANTS: £55**

Introductory

A

## Preparing To Record Your Voice Reel

Tim Stockwell

Wednesday 13 November

14.30-17.30

Course: RV27

Introductory



This practical and interactive workshop will help you understand different voice over styles and help you prepare to record your voice reel. We will identify voice over styles, listen to examples and explore how to achieve these styles through direction and recording set scripts e.g. commercials, documentaries, gaming etc.

→ Tim Stockwell started Silver-Tongued Productions over 20 years ago; a studio recording and producing high quality, bespoke Voice Reels/Singing Demos. A relaxed, creative atmosphere in which to record was the goal, one that he's successfully achieved making the Voice Reels/Singing Demos produced at Silver-Tongued Productions as individual as the actor.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**



# physical

## Conditioning for Performers

Ségolène Scheuer

Thursday 10 October

10.30-13.30

Wednesday 20 November

14.30-17.30

Course: PH61

Your everyday posture and movements have an impact on your performing ability. Learn to prepare the body to embrace and welcome emotions. Embrace your own physical abilities and expand from them. Reconnect to your scene partners. All key elements you need to approach physicality and emotions in theatre safely.

→ Ségolène is a Holistic Coach for Creatives and a Theatre Consultant based in London. After an accident, she learned to rebuild her body and transferred those skills onto the performing world. She has designed an acting method that encompasses breath, movement, connection and mindfulness. Credits include Amadeus, Oslo (National Theatre), Vanity Fair (ITV), Two Ladies (Bridge Theatre).

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels



## Introduction to Lecoq Technique

Matthew Coulton

Sunday 27 October

10.30-17.30

Course: PH18

This workshop will use the physical, imaginative approaches of Jacques Lecoq to explore how our bodies can create character, story and emotion; ensemble; and the craft of play. Ideal for actors or devisers who feel stuck in their head or are looking for a playful way to revitalise their craft.

→ Matthew trained on Central's Complicité-associated BA(Hons) Acting: Collaborative and Devised Theatre course. His work includes Leicester Curve, Lyric Hammersmith, BBC TV/Radio and Theatre By The Lake. He is currently reviving Complicité/ENO's The Magic Flute, and has co-founded Artistic Rebellion, who are developing work for Fertility Festival at The Barbican.

**PARTICIPANTS: £40**

Introductory



## Presence and Posture

Victoria Worsley

Tuesday 29 October

10.30-13.30

Course: PH22

This is a physical workshop which explores 'presence' and 'posture' using the Feldenkrais method. It will give you the opportunity to feel what you are actually doing better in precise ways and to learn something new. It will be framed with some games and exercises to see how you are doing and what you are learning. It will be a day to see and feel what it is to be really present, vital and immediate on stage or camera.

→ Victoria Worsley was an actor, movement director and theatre maker for 20 years. She has worked with the Feldenkrais Method for over 30 years, qualifying as a Professional Practitioner in 2007. She has taught in drama schools for 9 years and has a private practice which is attended by many professional actors, dancers, singers and musicians.

**PARTICIPANTS: £22**

All Levels



## Behind the Mask

Vicky Wright

Sunday 3 November

10.30-17.30

Course: PH60

Through this Lecoq-based physical theatre workshop, we will explore how breath, centre of gravity & posture influence our silent body language on stage. Using the neutral mask, discover your unique strengths as an actor, develop physical presence & study the essence of human movement.

→ Vicky Wright is a physical theatre teacher and mask-maker. Founder of Making Faces Theatre, she integrates in a study of the body with mask. In 2018, she led unique research into evolution & animal movement, collaborating with scientists to create masks of species along the pathway from fish to man. This application of mask to study facial morphology, opens up a new application of theatre & somatic movement in science.

**PARTICIPANTS: £40 (Industry Members may participate in this workshop)**

Introductory



## Introduction to Unarmed Combat

Keith Wallis

Saturday 9, Sunday 10 November

10.30-17.30

Introductory



This is a fun, two-day intensive in unarmed stage combat with theatre and film fight director Keith Wallis. This short course is perfect for those who are new to the world of stage combat, or for more experienced actors who are looking to brush on their skills and refine their stage fighting techniques further.

→ Keith Wallis holds a unique degree in stage combat & specialist performance skills, as well as qualifications with two of the British fight academies. For over a decade he has worked as a fight choreographer for theatre, film & opera, and has taught at some of the UK's most prestigious acting schools.

**PARTICIPANTS: £135 (Industry Members may participate in this workshop)**

## Unarmed Fighting for Film

Keith Wallis & Joe Golby

Saturday 30 November

10.30-17.30

All Levels



You will be exploring a wide range of hand to hand combat skills, and focusing on the key elements that make a great fight scene on camera. You will also be experimenting with a variety of different choreography styles, from simple slaps and punches, to street brawls and martial arts-inspired skirmishes.

→ Keith Wallis holds a unique degree in stage combat & specialist performance skills, as well as qualifications with two of the British fight academies. For over a decade he has worked as a fight choreographer for theatre, film & opera, and has taught at some of the UK's most prestigious acting schools.

→ Joe Golby is a highly accomplished fight coordinator and choreographer. His CV boasts many critically acclaimed features films spanning several genres. Meanwhile his TV work has seen his work appear on the BBC, ITV, and Channel 4, as well as cable channels Discovery, History and National Geographic, where he specialises in recreations of violence from ancient history to modern day murders.

**PARTICIPANTS: £65 (Industry Members may participate in this workshop)**

# casting

## Make the Director Your Ally

Emma Lindley  
Sunday 6 October  
10.30-17.30  
Course: CA104

All Levels



Persuading the Director can be the most important factor in clinching a role. Working with award-winning Film and TV director, Emma Lindley, in a mock casting, you will focus on discovering series tone, reading and responding to director's cues and on how to use their notes to create your best performance on camera.

→ Emma Lindley is an award-winning film and TV director working in the UK and US. Her TV drama credits include 'Holby City' (BBC), 'Coronation Street' and 'My Parents are Aliens' (ITV). She is also a highly experienced tutor specialising in Acting for Film at Met Film School, Ealing Studios.

**PARTICIPANTS: £40**

## Showreels Q&A

Actorshowreels  
Tuesday 22 October  
19.00-20.00  
Course: CA106

All Levels



Having a decent showreel is perhaps the most valuable tool an actor needs. If an industry professional doesn't know you, then a showreel is the perfect way of showing them your talents as an actor. Actorshowreels are one of leading showreel companies in the UK. This is an opportunity to sit down with one of the country's top showreel editors to ask some in-depth questions about what industry professionals look for in a showreel.

→ Actorshowreels are one of leading showreel companies in the UK. As well as working with actors on a one to one basis, Actorshowreels are also now directly employed by many of the top agencies in London. Apart from working on actor's showreels, they also edit reels for a number of production houses, including the BBC.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**



## Audition Mindset

Charlotte Thornton  
Tuesday 5 November  
10:30-17:30  
Course: AD128

All Levels



Covering before, after and during the audition, this course is designed to give you a powerful and repeatable process for auditioning. Access your peak performance state with tools and techniques including: visualisation, handling the interview, confidence, self-belief and the chance to implement them in a mock audition. Success is not just about the read.

→ Charlotte trained at Mountview and was a professional actor for over fifteen years, performing at the Vaudeville, Apollo and the National Theatre. She is now a mentor, speaker and coach. Charlotte is the author of Talent isn't Enough, Ten Ways to Enhance Your Chances of Acting Success and Develop the Winner's Mindset.

**PARTICIPANTS: £40 (Industry Members may participate in this workshop)**

## Improvisation for Auditions

Derek Miller  
Wednesday 6 November  
10.30-17.30  
Course: CA101

All Levels



Traditionally improvisation has been developed for performance and used in acting exercises - but how can you harness it for auditions? In this workshop we will use Improvisation as a tool to bring more of yourself to Commercial TV and Film! We will be utilising improvisation techniques to: Initiate relationships to character. make dialog your own and enhance scripts with strong choices from your own point of view!

→ Derek Miller has been a standout in the L.A. entertainment community for nearly twenty years - starring in three sit-coms (MTV, COMEDY CENTRAL TBS), appearing in over 80 commercials and teaching and performing comedy at iO West, and the Second City. His show "Opening Night: The Improvised Musical!" ran for twenty years and boasted over a thousand performances. He served as consulting writer on three series and acted as writer/performer for NBC's prime-time sketch show.

**PARTICIPANTS: £50**

## Screen Acting: Self Taping

Linda Ludwig, James Curle & Paul Cawley

Friday 8 November

10.30-17.30

Course: TV90

All-you-need-to-know training in self-taping from both a technical and artistic perspective, which will take the fear out of the process. Completing the workshop, you will have made and reviewed several self-tapes of a short script and will have built the confidence to do it on your own, avoiding the pitfalls.

→ Linda and James are award-winning directors, directing drama and commercials together since 2011. Their film "Man of the Hour" won Best Short at the Cannes Film Festival 2018, AmPav, and was selected for over 10 festivals, including BAFTA and Oscar qualifiers. They are now working on their debut feature.

→ Paul's screen work includes: Ghosts, McMafia, Father Brown, Peaky Blinders, Catastrophe, and The Wrong Mans. Stage work includes: The NT, Sheffield, Hampstead, Chichester, The Gate, and appearances in the West End.

**PARTICIPANTS: £65**

All Levels

A

## Audition Technique Masterclass

David Gilmore

Wednesday 27 November

10:30-17:30

Course: CA71

What audition pieces you should be choosing? How should you prepare, and present yourself? How do you get the audition in the first place? Work through the process from start to finish and gain the confidence to make the most of any opportunity. Prepare your usual audition pieces. You will be asked to provide your CV and accompanying photo closer to the workshop

→ David Gilmore has directed seventeen West End productions and numerous productions in Australia, France, Germany, The Middle East and Asia as well as National UK tours. He has been Artistic Director of the St. James Theatre, the Watermill Theatre, and the Nuffield Theatre.

**PARTICIPANTS: £50**

All Levels

A

## Made to Measure: Monologues to Suit You

Trilby James

Wednesday 11 December

10:30-17:30

Course: CA68

A full-day workshop that will help you to understand your casting-type and how to choose a monologue. Drawing from an extensive list of contemporary monologues you will choose pieces that best showcase your own individual talent. From this workshop you will take away at least one new monologue that suits you, and that you can't wait to perform. → Trilby James read Drama at Bristol University before completing the three year Acting Course at RADA, where she is now an Associate teacher. Following the publication of Contemporary Monologues and Monologues for Teenagers (NHB's), she is now under commission to edit Further Contemporary Monologues due to be published in 2020.

**PARTICIPANTS: £40**

All Levels

A

## Self Taping: How to Get the Best Result

Suzy Catliff

Saturday 14 December

14:30-17:30

Course: CA47

A practical workshop looking at the presentation and delivery of an effective self-tape. The workshop offers opportunity to practise this increasingly used technique and learn some simple dos & don'ts to increase potential & allow your work to be seen in a more positive & professional light.

→ TV casting includes: Casting Associate (UK) for Shaftesbury Films, Toronto; Casualty, Silent Witness, Primeval, D Day. Film: Bunch of Amateurs, Stormbreaker. Assistant: Sense & Sensibility, The English Patient, Hackers. Theatre: Changeling TC, Theatr Clwyd. Member of the CDG, a theatre director and lecturer. Co-author The Casting Handbook, publisher Routledge.

**PARTICIPANTS: £40**

All Levels

A

# musical

## Acting Through Song

Suzy Catliff & Richard Bates

Saturday 26 October

10:30-17:30

Course: MT26

A unique opportunity to explore a song of your choice with an experienced director and musical director. Working as a group and individually, we will take the song apart and examine the relationship between the words, emotion and music. The chance to sing, expand your rep and learn in a supportive, group environment.

→ Alongside Suzy Catliff's work as a casting director, she has extensive experience directing musicals and teaching musical theatre in top UK drama schools.

→ Richard Bates has been musical director on over 60 musicals in production and in workshop. Highlights include the recent London run of Aspects Of Love, two world premieres and several European premieres. He also conducts his own big band, as well as teaching at the UK's top drama schools.

**PARTICIPANTS: £50**

All Levels

A

## Belt It Out

Michael Hill

Wednesday 4 December

14.30-17.30

Course: VC59

In contemporary singing, the term 'belting' is used to describe a huge range of sounds. Performers are often expected to demonstrate their 'belt voice' in auditions. But what actually is belting and how do we know we're doing it right? This course will help you navigate the world of belt technique, understand the many definitions used and give you some reliable, practical tools to access a belt sound, so you will have the confidence to go for that audition and belt it out like the best of them!

→ Michael Hill is a voice coach, singer and freelance broadcaster. One of the UK's first trained Complete Vocal Technique instructors, he has continued to pursue research into how the voice works and how best to translate this into safe and effective tools performers can trust.

**PARTICIPANTS: £22**

All Levels

A I

## Singing for the Terrified Actor

Michael Hill

Monday 9 December

10.30-17.30

Course: MT18

This course will empower you to feel confident in your ability to deliver a song, with good technique and authenticity, for an audition, a musical or just for personal enjoyment. You will gain technical knowledge, explore a host of vocal sounds and characters and come away with exercises that will help you to control and grow your voice.

→ Michael Hill.

**PARTICIPANTS: £40**

Introductory

A I

# musical: weekly / fortnightly / monthly

## Singing Coaching

Heather Weir

Mondays from 7 October

18:00-21:00

Course: P4

Private, 45-minute coaching sessions for all stages of development of the actor who needs to sing. Exercises for the individual warm-up, working from the song text, preparation of audition material and how to interpret musical direction your way.

→ Heather is a freelance MD, actor and singer and a teacher of voice and sung voice in drama schools.

**PARTICIPANTS: £34 (Industry Members may participate in this workshop)**

All Levels

A I

## Confidence Coaching for Actors

Katie Henry

Wednesday 9 October

18.00-21.00

Course: AD130

Exploring what confidence is, how to get it and hold on to it. Go away equipped with practical tools and dynamic actions to reduce self-doubt and increase self-belief. Employing a holistic approach that is playful and rigorous, Katie coaches actors to find their own unique version of confidence.

→ Katie is an accomplished director, facilitator and life coach making inclusive theatre for diverse audiences from small to large scale. She creates work with women, by women, about women – either in the form of new writing, re-imagined classics or forgotten gems. Making impactful work through best working practices and building effective, agile teams through bold, brave and collaborative leadership.

**PARTICIPANTS: £22 (this workshop is for Actors)**

All Levels



## Mindfulness Taster

Emily Mitchell

Wednesday 16 October

10.00-11.00

Course: AD132

Unwind and reconnect in this introductory session, as you learn some of the key principles and practices of mindfulness. You will be guided through meditation practices that will offer a soothing break and leave you with a renewed sense of balance to bring back into your day. This includes simple tips that will help you better manage stress and access wellbeing even in the midst of difficult situations.

→ The Mindfulness Project is a not-for-profit centre in Central London offering secular and evidence-based programmes for learning and practicing mindfulness. Leading this session will be Emily Mitchell, who is a qualified mindfulness teacher and programmes manager at The Mindfulness Project. She is currently undertaking a Master's Degree in Mindfulness-Based Approaches and Psychological Therapies at the University of Exeter.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**

All Levels



## The Art of Selling Yourself

Richard Evans

Friday 18, 25 October, 1, 8, 15, 22, 29 November, 6 December

18.30-20.30

Course: AD74

Not getting enough auditions? Does your career need a boost? These weekly workshops explore the most effective ways of selling yourself to potential employers and standing out from the crowd, providing impetus for action and a support network for performers, at any stage of their career.

→ Richard Evans CDG began casting in 1989, and has since cast a wide variety of productions in all media. He has presented audition and career development workshops at many top drama schools and written two editions of the books Auditions: The Complete Guide and Self Taping: The Actor's Guide.

**PARTICIPANTS: £120**

All Levels



## The Effective Headshot

Simon Annand

Tuesday 22 October

11.00-12.00

Course: AD129

This is a one hour talk exploring the technique and history of the headshot. Both US and UK styles. It is an opportunity to explore the way a good headshot can catch the attention of casting directors. An effective session should aim to be strategic towards the actor's strengths and interests. The talk will unpack and explain how this is possible.

→ Simon Annand has been a photographer for over 30 years focusing on all aspects of the theatre, including production and rehearsal photos, posters, headshots, editorial commission and his own project called The Half about actors preparing for the stage.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**

All Levels



## Making a Transition from Musical Theatre to Screen Acting

Abiola Ogunbiyi

Monday 28 October

10.30-13.30

Course: AD134

A candid, thorough, and first-hand exploration of what is required to make the transition from stage to screen, to benefit any professionals wishing to firmly enter the film and television industry. The workshop will give each participant a plan of action tailored to their unique skills and potential.

→ Abiola Ogunbiyi is an actress and filmmaker. She played Maria in the SKY/Carnival series Jamestown, and will be appearing in the Netflix film A Boy Called Christmas. Her debut comedy short film Sexellence won Best International Film at the Portland Comedy Film Festival.

**PARTICIPANTS: £22**

All Levels

A

## Creating Space for Artists in Unsafe Spaces

Emma Dennis-Edwards

Wednesday 6 November

18.00-21.00

Course: AD140

This workshop will look at ways in which we can create work that is representative of our communities and our personal stories without compromising cultural and artistic values.

The session will be broken down to explore who we are as artists, pitching our big ideas and identifying where best to pitch these ideas. Most importantly creating a safe space for artists to share and connect!

→ Emma Dennis-Edwards is a playwright of Jamaican and Trinidadian heritage. Emma has been a participant at the Royal Court, Soho, Lyric Hammersmith and Oval House's young writers programmes and was most recently awarded a commission by The Old Vic as part of The Old Vic 12 Programme. Emma's play Funeral Flowers was part of the Edinburgh Fringe Festival and won the Scotsman's Fringe First Award. It has since enjoyed a sold out transfer in London.

**PARTICIPANTS: £22**

All Levels

A I

## To Edinburgh Fringe and Beyond!

Ruaraidh Murray

Thursday 7 November

18:30-21:30

Course: AD115

From the genesis of your initial idea right through to your first performance, this workshop will offer a full 360 guide to showcasing your work at Edinburgh Fringe. It will also delve into the business of putting on a show; covering fundraising, marketing, promoting and much more.

→ Murray studied at Oxford School of Drama and was a member of Traverse and Royal Court Theatre's young writers groups.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels

A I

## Confidence Coaching for Creatives

Katie Henry

Wednesday 13 November

18.00-21.00

Course: AD131

Exploring what confidence is, how to get it and hold on to it. Go away equipped with practical tools and dynamic actions to reduce self-doubt and increase self-belief. Employing a holistic approach that is playful and rigorous, Katie coaches actors to find their own unique version of confidence.

→ Katie is an accomplished director, facilitator and life coach making inclusive theatre for diverse audiences from small to large scale. She creates work with women, by women, about women – either in the form of new writing, re-imagined classics or forgotten gems. Making impactful work through best working practices and building effective, agile teams through bold, brave and collaborative leadership.

**PARTICIPANTS: £22 (this workshop is for Creatives) (Industry Members may participate in this workshop)**

All Levels

I

## Make Yourself More Marketable for the 2020's

Brian Parsonage Kelly  
Thursday 21 November  
14.30-17.30

Course: AD127

Are there improvements we could make to our publicity materials, our presentation style and our choice of monologues? This workshop examines what the Industry sees when we are suggested for work. Participants will work as a group, to give honest feedback to each other, and support each other in building a strategy to maximise everyone's marketability.

→ Brian has worked in show business for his entire career. For the last 16 years he has run Brood ([www.broodmanagement.com](http://www.broodmanagement.com)). Before that, he was a director of a drama school, and previously worked in the BBC. He also has had a separate career in fashion and costume.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels



## Career Development- An Actor's Approach

Paul Cawley  
Thursday 21 November  
18.00-21.00

Course: AD135

This workshop examines different aspects of careers strategy from an actor's perspective, rather than from a business one. By the end of the workshop you will have started looking at yourself, and your approach to industry professionals as an individual

→ Paul has taught at The Actors Centre, Mountview, City Lit and The Drama Studio and he has been one of the three Equity/Skillset Careers Advisors since 2005

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

All Levels



## Creative Platform Academy Taster Workshop

Jacqueline Malcolm  
Saturday 23 November  
10.30-11.30

Course: AD101

In this workshop you will learn how to identify what your perfect life looks like and understand the importance of living it. You will also receive top tips on personal branding, knowing your worth, effective networking and identifying the best opportunities.

→ Jacqueline is an Award Winning Playwright, Director, Author, Award Nominated Radio Presenter & Producer, Theatre Reviewer and Strategist is all about supporting those with a vision.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**

All Levels



## Career Marketing Strategy Intensive

Phil Shaw  
Friday 29 November  
10.30-17.30

Course: AD77

An in-depth and interactive workshop about taking your career marketing to the next level, and implementing a goal plan to increase casting prospects. This covers agents, casting directors, photographers/headshots, resume, letter writing, networking and show reel, plus analysing your unique selling point (USP), and cutting edge marketing psychology.

→ Phil trained as an actor at The Webber Douglas Academy, is also a voice/audition technique coach, a former ICM talent agent, and has a one-to-one actors' consultancy service. He has cast commercials, theatre, film and TV.

**PARTICIPANTS: £40**

All Levels



## The First Five Years

Abiola Ogunbiyi  
Saturday 7 December  
10.30-13.30

Course: AD133

This workshop will explore the high performance habits graduating actors can use to put themselves in the best stead for a long and prosperous career. The workshop will also suit current professionals who need a nudge up the proactivity ladder, or those returning to work after a break period.

→ Abiola Ogunbiyi is an actress and filmmaker. She played Maria in the SKY/Carnival series Jamestown, and will be appearing in the Netflix film A Boy Called Christmas. Her debut comedy short film Sexellence won Best International Film at the Portland Comedy Film Festival.

**PARTICIPANTS: £22**

All Levels





## London Theatre Ecology - Where Do Me and My Work Fit In?

Daisy Hale

Thursday 12 December

18.00-21.00

Course: AD137

There are about 230 theatres in London, and they are all different, so it can be hard to know where you and your work fit. Where should you take your best ideas? Gain a greater understanding of London theatre venues, programming, financial structures, support, scale and how all these venues sit alongside one another in this practical workshop.

→ Daisy Hale is a freelance producer and artist of theatre, cabaret, performance art and live events mostly presenting work in London. Previously they worked for Theatre Royal Stratford East as an associate producer. They are one of The Old Vic 12

**PARTICIPANTS: £22**

## Finding Your Voice as a Director

Sarah Myott-Meadows

Saturday 14 December

10.30-13.30

Course: CA107

A workshop aimed at early career directors who are looking for a space to reflect and refocus their work. This workshop is about providing techniques and approaches to interpreting text that comes from understanding your own identity and locating the unique story you want to tell.

→ Sarah is an award-winning director and member of The Old Vic 12 2019. Currently, Associate Director, Blithe Spirit by Noel Coward (dir. Sir Richard Eyre, Theatre Royal Bath, West End transfer The Duke of York Theatre, UK tour Spring 2020). Most recently directed One Jewish Boy by Stephen Laughton, set to tour and transfer to Trafalgar Studios in early 2020.

**PARTICIPANTS: £22**

All Levels



Introductory



career: weekly / fortnightly / monthly

## Understanding Your Branding – One-to-One Sessions

Darren R L Gordon

Mondays 14 October, 11 November, 9 December

10.30-17.30

Course: AD2

This workshop is an opportunity to really think about you as an actor and what you are marketing and promoting. Develop a clear strategy to help make it easier for potential employers to engage with and understand what you have to offer. Please bring your CV, Reel and access to any other marketing material. These are now 1 hour sessions!

→ Darren R L Gordon is a Director, Mentor and Acting Coach, who has a passion for helping Actors progress their careers, with experience appropriate for absolute beginners through to high profile professionals. His insightful and Industry centred approach is bespoke and specific to the artist he is working with.

**PARTICIPANTS: £60**

All Levels



## Well-being Afternoon

Addam Merali-Younger

Every 2nd Tuesday of the Month

14.30-17.00

Course: AD97

Are you dealing with bullying and harassment in the workplace, or any mental health issues? These drop-ins will provide a safe and confidential space for you to talk and consider your next steps. No appointment is necessary, there will be 30-minute slots throughout the session, available on a first-come basis.

→ Addam works at Equity, providing guidance, signposting and a listening ear to those who are experiencing bullying, harassment or mental health concerns. Prior to this, he was in the charity sector, most recently at Samaritans, which helped mould a strong interest in mental wellbeing and creating healthier work environments.

**PARTICIPANTS: £FREE (Industry Members may participate in this workshop)**

All Levels



# sony: workshops and camera hire

As part of our sponsorship from Sony, we are thrilled to be able to offer affordable camera hire to our members. Using state of the art equipment, members will have the opportunity to create their own footage and develop their own work.

## Camera

Model: Sony HRX-NX200 4k Professional Camcorder

**1 Day Hire: £50**

**2 Day Hire: £100**

**3 Day Hire: £150**

**7 Day Hire: £250**

Included in the Camera Kit:

- 2 x Battery Pack
- USB to USB Mini Cable
- Remote Control
- Battery Charger
- HDMI to HDMI Cable

## Microphone

Model: Sony UWP-D11 Wireless Set

**1 Day Hire: £15**

**2 Day Hire: £20**

**3 Day Hire: £25**

**7 Day Hire: £40**

- XLR Cable
- USB SD Card Reader
- 2 x 128gb SD Cards
- Condenser Microphone
- Headphones

To enquire about hiring these cameras, please go to our website: [actorscentre.co.uk/about/opportunities/sony-camera-hire](https://actorscentre.co.uk/about/opportunities/sony-camera-hire)

## Sony Camera Skills Intensive

Jeremy Humphries

Thursday 31 October, Friday 1 November

10.30-17.30

Wednesday 11, Thursday 12 December

10.30-17.30

Course: TV125

This workshop looks at camera skills from both sides of the lens, to ensure you are getting the best footage as both an actor or director. You will be taught how to adjust settings, understand aperture, get to grips with perspective and framing, and appreciate the full process undertaken by the DOP.

**PARTICIPANTS: £140 (Industry Members may participate in this workshop)**

All Levels



## Sony Camera Skills Advanced

Jeremy Humphries

Saturday 16 November

10.30-17.30

Friday 13 December

10.30-17.30

Course: TV126

This advanced workshop introduces actors and directors to lighting; how to light their cast, what equipment to use and how to apply to create a mood and atmosphere. In small groups you will get hands on experience using the Sony HRX-NX200 4k Professional Camcorder. Working through theory and practical exercises, you will gain a thorough understanding of how to light a scene that is cost and time efficient and realises the script and tells a story.

**PARTICIPANTS: £70 (Industry Members may participate in this workshop)**

→ Jeremy Humphries is an award-winning BBC trained Director of Photography with over 30 years' experience. His career started as a drama focus puller. As a DoP he has shot documentaries around the globe. His company Skills2Film provides camera craft training to Sony, Channel 4 and numerous independent production companies.

Advanced



## Self-Penned Performance

Charlotte Josephine  
Thursday 10 October  
18.00-21.00  
Course: WR33

All Levels



How do you stay safe when writing from personal experience? How d'you stop it all becoming a bit self-indulgent? Where do you even start?! Expect honest conversation, questions explored and exercises on generating material to begin writing yourself the perfect part for you.

→ Charlotte is a writer and actor. Their latest play 'POPS' will be at the Edinburgh Festival 2019 and then High Tide Festival. Charlotte's previous award-winning plays 'BITCH BOXER' and 'BLUSH' toured nationally and internationally. Charlotte recently played Mercutio in the RSC's 'Romeo and Juliet'.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

## Creating Space for Artists in Unsafe Spaces

Emma Dennis-Edwards  
Wednesday 6 November  
18.00-21.00  
Course: AD140

All Levels



This workshop will look at ways in which we can create work that is representative of our communities and our personal stories without compromising cultural and artistic values.

The session will be broken down to explore who we are as artists, pitching our big ideas and identifying where best to pitch these ideas. Most importantly creating a safe space for artist to share and connect!

→ Emma Dennis-Edwards is a Playwright of Jamaican and Trinidadian heritage. Emma has been a participant at the Royal Court, Soho, Lyric Hammersmith and Oval House's young writers programmes and was mostly recently awarded a commission by The Old Vic as part of The Old Vic 12 Programme. Emma's play Funeral Flowers was part of the Edinburgh Fringe Festival and won the Scotsman's Fringe First Award. It has since enjoyed a sold out transfer in London.

**PARTICIPANTS: £22**

## Inspiration – Creating Worlds and Characters

Audrey Sheffield  
Friday 8 November  
10.30-13.30  
Course: A317

All Levels



In this workshop you will explore six imaginative steps you can use to help create inspiration, and to begin developing rich and layered characters, and a shared sense of the world of your play. Come away with a loose framework ready to be applied to any rehearsal or play.

→ Audrey is currently an Old Vic 12 Director 2019, a recipient of an MGC Futures Bursary 2019/2020, and was nominated Best Director Finalist - Off-West-End Awards 2017/2018. Recent Directing and Associate Directing includes productions for Kiln Theatre, Arcola, Theatre 503, English Theatre Frankfurt, The Old Vic, National Theatre, RSC, Hampstead Theatre and in the West End.

**PARTICIPANTS: £22**

## What's the Story?

Tom Wright  
Wednesday 20 November  
18.00-21.00  
Course: WR34

All Levels



Story is one of the first words we learn as a child. But so often as artists we get hyped about a new theme, character or situation for a play and when asked 'so what happens next?' we are hit with a cold, empty dread. Never fear! This practical workshop will help you unpack what 'story' is and learn how to develop it within your plays.

→ Tom is a London based playwright, theatre director and producer, originally from Coventry. He is currently the Head of Artist Development for The Old Vic. His two back-to-back debut plays were nominated for seven Off West End Awards including Best New Play and Most Promising Playwright.

**PARTICIPANTS: £22 (Industry Members may participate in this workshop)**

## From Idea to Reality

Remi Adefeyisan

Wednesday 4 December

18.30-20.00

Course: CA110

This event will discuss what is needed to start a theatre company, and begin creating and producing your own work. Get a better understanding of how you get a piece from idea to reality as well as the team of people you will need to make it happen. We will also touch on the different ways you can gain funding and approach venues. Following the 45 minute talk there will be a chance for a Q&A, and then an opportunity to meet fellow theatre makers and creatives, to start assembling your theatre company!

→ Remi Adefeyisan is a producer who has produced a wide variety of events, theatre productions, concerts and tours, including at HOME, the Royal Northern College of Music, the University of Salford, the Edinburgh Festival Fringe, TEDx University of Manchester and at Liverpool Brouhaha Carnival. He is currently a producer with The Old Vic 12 and a Jerwood Fellow with Manchester International Festival. Previously he was awarded a Stage One New Producer bursary.

**PARTICIPANTS: £5**

All Levels



## London Theatre Ecology - Where Do Me and My Work Fit In?

Daisy Hale

Thursday 12 December

18.00-21.00

Course: AD137

There are about 230 theatres in London, and they are all different, so it can be hard to know where you and your work fit. Where should you take your best ideas? Gain a greater understanding of London theatre venues, programming, financial structures, support, scale and how all these venues sit alongside one another in this practical workshop

→ Daisy Hale is a freelance producer and artist of theatre, cabaret, performance art and live events mostly presenting work in London. Previously they worked for Theatre Royal Stratford East as an associate producer. They are one of The Old Vic 12 producers.

**PARTICIPANTS: £22**

All Levels



## Finding Your Voice as a Director

Sarah Myott-Meadows

Saturday 14 December

10.30-13.30

Course: CA107

A workshop aimed at early career directors who are looking for a space to reflect and refocus their work. This workshop is about providing techniques and approaches to interpreting text that comes from understanding your own identity and locating the unique story you want to tell.

→ Sarah is an award-winning director and member of The Old Vic 12 2019. Currently, Associate Director, Blithe Spirit by Noel Coward (dir. Sir Richard Eyre, Theatre Royal Bath, West End transfer The Duke of York Theatre, UK tour Spring 2020). Most recently directed One Jewish Boy by Stephen Laughton, set to tour and transfer to Trafalgar Studios in early 2020.

**PARTICIPANTS: £22**

Introductory



# member career development

## The First Year Out of Drama School

Adam Boardman

Wednesday 2 October

18.30-20.00

Course: CA108

This event is specifically tailored for those who have just finished drama school, where we will discuss how to survive your first outing in the industry. What to do when the auditions are or aren't coming in? What work you can do to pay the rent? How to begin without an agent? How do you start creating your own work? This will be a 45 minute talk, with a Q&A. The discussion will be followed by an opportunity to meet fellow graduates and start building your support network!

→ Adam trained at GSA, graduating in 2017. Credits include: Julius Caesar UK Tour (RSC), A Midsummer Night's Dream, Much Ado About Nothing and Commercials for Google & Tesco. Adam is currently filming a new BBC2 series and will start rehearsals for the Les Misérables UK & European Tour in October.

**PARTICIPANTS: £5**

All Levels



## Get Your Short Film Seen

Linda Ludwig and James Curle

Tuesday 15 October

18.30-20.00

Course: AD125

How to get your film into festivals and what you can expect from them. What's a festival run and what is it good for? What's producer's rep and how is it useful? We answer all your questions around festival and marketing and what does and does not work. Following the 45 minute talk there will be a chance for a Q&A, and then an opportunity to meet fellow film makers and creatives, to start planning your short film!

→ Linda and James are award-winning directors, directing drama and commercials together since 2011. Their film "Man of the Hour" won Best Short at the Cannes Film Festival 2018, AmPav, and was selected for over 10 festivals, including BAFTA and Oscar qualifiers. They are now working on their debut feature.

**PARTICIPANTS: £5**

All Levels



## Assemble Your Creative Team

Linda Ludwig and James Curle

Wednesday 6 November

18.30-20.00

Course: CA109

A film is only as good as its crew. How do you find that team and who do you need to make a great short film, that is taken seriously? In this short film production talk, we reveal the most common short film pit falls and how to get it right.

Following the 45 minute talk there will be a chance for a Q&A, and then an opportunity to meet fellow film makers and creatives, to start assembling your creative team!

**PARTICIPANTS: £5**

All Levels



## From Idea to Reality

Remi Adefeyisan

Wednesday 4 December

18.30-20.00

Course: CA110

This event will discuss what is needed to start a theatre company, and begin creating and producing your own work. Get a better understanding of how you get a piece from idea to reality as well as the team of people you will need to make it happen. We will also touch on the different ways you can gain funding and approach venues. Following the talk there will be a Q&A, and then an opportunity to meet fellow theatre makers and creatives, to start assembling your theatre company!

→ Remi Adefeyisan is a producer who has produced a wide variety of events, theatre productions, concerts and tours, including at HOME, the Royal Northern College of Music, the University of Salford, the Edinburgh Festival Fringe, TEDx University of Manchester and at Liverpool Brouhaha Carnival. He is currently a producer with The Old Vic 12 and a Jerwood Fellow with Manchester International Festival. Previously he was awarded a Stage One New Producer bursary.

**PARTICIPANTS: £5**

All Levels



## Management Drop In

Amanda Davey, General Manager at the Actors Centre

Thursdays 3 October, 7 November, 5 December

15.00- 17.00

These 20-minute sessions are available to all members to discuss anything related to management - management of oneself as an artist /or company, management of oneself as a business. These sessions can focus on any of the following - contracting / reading contracts; finance and budgeting, business development; or writing a fundraising application, how to start and who to approach. No need to book in advance, just show up. The sessions will be held in the green room.

**PARTICIPANTS: £FREE**

All Levels



## Marketing Drop In

Jamie Tuohy, Marketing and Communications Manager at the Actors Centre

Wednesdays 16 October, 20 November, 11 December

15.00- 17.00

These 20-minute sessions are available to all members to discuss what does and doesn't work when it comes to promoting yourself and your work. These sessions will provide an introduction to the worlds of marketing, public relations and advertising for the arts. No need to book in advance, just show up. The sessions will be held in the green room.

**PARTICIPANTS: £FREE**

All Levels



## Membership Drop In

Lauren McGee, Workshop Programme Manager at the Actors Centre

Tuesdays 8 October, 12 November, 10 December

11.00- 13.00

These 20-minute sessions are available to all members to discuss any queries related to the Actors Centre membership, performance opportunities and workshops. No need to book in advance, just show up. The sessions will be held in the green room.

**PARTICIPANTS: £FREE**

All Levels



# member social events

Please go to our member area events page on our website to book onto these events at: [www.actorscentre.co.uk/login](http://www.actorscentre.co.uk/login)

## Musical Theatre Quiz

**Date: Monday 4 November, from 19.00-21.00**

**Location: The John Thaw Studio**

Join us for our pub quiz. The theme for this one is musicals, so it will be sure to test your knowledge of shows on the West End and Broadway! Come and have a fun evening and enjoy some of our drink offers, too!

**Cost: £2 per person to play**

## Christmas Movies Quiz

**Date: Monday 2 December, from 19.00-21.00**

**Location: The John Thaw Studio**

Join us for our pub quiz. The theme for this one is Christmas movies, so make sure you come prepared by watching all of the festive films. Come and have a fun evening and enjoy some of our drink offers, too!

**Cost: £2 per person to play**

Our Theatre Club is a chance for you to meet other members and watch some great theatre at a great price!

## Theatre Club - Mites

**Date: Wednesday 16 October**

A new darkly comic, absurdist play by James Mannion, Mites is a sinister exploration of the manipulation that lies beneath relationships, in particular of those who are mentally vulnerable in society. **Cost: £9 per ticket**

## Theatre Club - Bed Seven

**Date: Tuesday 19 November**

Patricia and Gerald would probably never have met, if it hadn't been for 'bed seven'. Opposite sides of a sharp class divide, united by a friendship born out of a life-threatening dilemma. Will they treat each other's self-doubts and find a love that crosses convention? **Cost: £5 per ticket**

## open courses: non-member workshops

On top of our professional development programme here at the Actors Centre, we also offer workshops and courses for any professional and emerging actors who are not currently members. For more information please visit our website.

**Introduction to Acting:** It is a fun, informative and engaging course, aimed to provide a basic introduction to the acting profession. This is ideally suited to those inquisitive about an acting career, or those looking to enhance their day to day communication.

**Introduction to Unarmed Combat:** This short course is perfect for those who are new to the world of stage combat, or for more experienced actors who are looking to brush on their skills and refine their stage fighting techniques further.

**Unarmed Fighting for Film:** Join professional fight directors Keith Wallis and Joe Golby for a full day masterclass in unarmed fighting techniques for film

**Get Into Screen Acting:** This five-day course for newcomers to the profession offers an exciting, dynamic and creative introduction to acting and auditioning for camera.

**Presenting for TV:** This two-day course will give you the tools to work across different presenting mediums and sharpen your skills for a career in front of the camera.

**Get Into Acting:** This eight-day course is perfect for anyone who is interested in becoming an actor. The course acts as a taster of drama school training, a broad introduction to the craft of acting and acting as a profession.

**Drama School Audition Intensive:** This one-day workshop offers young performers an invaluable grounding in the vital skills needed to succeed in the Drama School Audition process.

## tristan bates theatre

We have a vast array of diverse and innovative productions arriving in the Tristan Bates Theatre this autumn. We are delighted to kick off with MUSEUM PIECES by Jamie Christian (1st – 5th October), a series of 4 monologues each connected by the experience of a particular television show. This is followed by a transfer from the John Thaw Initiative, FIJI (1st – 5th October) by Evan Lordan, Pedro Leandro and Edward Stone, an exploration of a dark and gruesome relationship.

We then play host to two consecutive 3 week runs – MITES by James Mannion (7th – 26th October), a darkly comic and absurdist new play, and DUTCHMAN by Amiri Baraka (8th – 26th October), and award-winning piece revived by Outer Gaea Theatre for Black History Month.

We are then delighted to have SHERLOCK HOLMES IN: A SCANDAL IN BOHEMIA! By Francesca De Sica (28th October – 2nd November), an all-female re-imagining of one of literature's most famous characters, commissioned by the British Council Pakistan, as well as UGLY by Perdita Stott, which explores women's relationship with their image.

Kicking off November, we are delighted to welcome back the MAIDEN SPEECH FESTIVAL (4th – 16th November) by Lexi Clare productions. Following on from last year's phenomenal success, the festival returns, with over 15 pieces from a diverse and eclectic range of artists.

Following this is BED SEVEN (18th – 23rd November) by Simon de Cintra, and MUSE (19th – 23rd November) by Antonia Georgieva. Rounding out the season, we have A BENCH AT THE EDGE (26th – 30th November) by Luigi Jannuzzi, and NOR WOMAN NEITHER (25th November – 14th December).

In addition to our offering in the Tristan Bates Theatre, we're also once again producing the JOHN THAW INITIATIVE. This season is our MOTHERHOOD(S) SEASON, featuring productions in and around the topic of Motherhood – in all its complexity.

---

**The Actors Centre  
1A Tower Street  
London  
WC2H 9NP**

**Phone: 020 3841 6600**

**Email: [reception@actorscentre.co.uk](mailto:reception@actorscentre.co.uk)**