

ACTORSCENTRE.CO.UK

the  
actors  
centre

**DEVELOPING PEOPLE WHO  
DARE TO CREATE.**

INNOVATIVE. EMPOWERING. PROFESSIONAL.

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SUPPORTED BY:



**WORKSHOP PROGRAMME**  
**APRIL/MAY/JUNE 2019**

TRISTAN  
BATES  
THEATRE

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**The following symbols will help guide you through the programme and select the opportunities available for your membership type and professional development needs.**

 = STANDARD MEMBERS       = PREMIUM MEMBERS       = ASSOCIATE MEMBERS

The Keywords section serves as a summary to best describe the workshop, but is not finite to the workshop content. Full descriptions and workshop leader biographies are also listed.



Please also look out for the wide range of FREE workshops and opportunities on offer to Actors Centre members. **PLEASE NOTE:** Any members that book a free workshop place and fail to attend without prior notice will be banned from attending any other free workshop for the duration of their membership. Our tutors generously give up their time to run these classes, and by not attending you are taking a space away from another member. If you are unable to attend, please call our reception as soon as possible.

**DARE TO CREATE**

**This logo highlights workshops aimed at creating your own work**

## workshop levels

We have recently introduced a new system of tiers for our workshops. This is in order for members to clearly see what workshops would be best suited to them, with their level of experience and training. Unlike our Premium and Standard tags, this is not decided by us, but by the members. You can choose which tier best suits you, and choose when you move up a level, so you can develop your craft at your own pace.

It is entirely up to you what level of workshop you want to participate in, please find below a brief explanation of each level below to help you decide where you would place yourself:

### ALL LEVELS

These workshops are suitable for all levels of experience.

### INTRODUCTORY

Some basic training or understanding of the genre, but no professional experience. Also great as a refresher for those returning after a break.

### INTERMEDIATE

Some professional experience of the genre, we recommend 1-2 professional credits or those with considerable training in this area.

### ADVANCED

We recommend 4 professional credits of more in the specific genre and a firm understanding. Also, for those who would like to develop their craft in the company of those of a similar professional level.

Don't forget about all the offers included in your membership:

- 10% off at the Actors Centre bar
- Use of our John Thaw Initiative to showcase your work-in-progress shows
- Access to our ever-growing perks scheme
- Discount tickets to all shows at the Tristan Bates Theatre and in the John Thaw Studio
- Early-bird access to exclusive events including our OFF THE RECORD series, our annual CASTATHON and AGENTATHON

Please note that all information is correct at the time of going to print but may be subject to change. Our tutors are professional actors and creatives working in the industry and, like our members, their schedules are subject to change depending on work commitments. At times it may be necessary to postpone or cancel workshops, but we will always try to provide participants with a suitable alternative tutor.

For the most up-to-date information on dates, times, tutors and prices, please go to the Actors Centre website or call Reception on 020 3841 6600.

## acting

### Stanislavski Reinvestigated

INTERMEDIATE

Seb Harcombe

Monday 8, Tuesday 9, Wednesday 10, Thursday 11 April

10.30-17.30

Course: A227

A four day workshop course for actors new to the Stanislavski system or those wanting to reinvestigate it afresh. Working with practical exercises, methods of improvisation and scenes from a varied repertoire, we examine objectives, actions, obstacles, tactics, super objectives, stakes, circles of attention and more - in a challenging but supportive and safe group environment.

→ Previously Director of the BA Acting courses at both RADA and Drama Centre, Seb is now a freelance director and one of the UK's leading acting teachers. After beginning his career in theatre as a student at RADA, he worked as an actor for 15 years, playing leading roles at the National Theatre, RSC and many of the UK's most prestigious theatres and companies before becoming a teacher.

**PARTICIPANTS: £120**

### Want to Try Stand-Up Comedy?

INTRODUCTORY

Bentley Browning

Tuesday 9 April

10.30-17.30

Course: A6

Comedy changes your life! A workshop for the total beginner at stand-up comedy. Great improvisation exercises, comedy theory and practice, including joke techniques your favourite comedians use. Massively confidence building, very self revealing and awesome fun. For those who want to try new things ...or even start a comedy career!

→ Bentley runs the Comedy Novices courses and his workshops have featured on BBC Breakfast, BBC 1 The One Show, Russell Howard's Good News, BBC2 Radio 4, 5 live, The Evening Standard and The Sun on Sunday. He is a pro stand-up comic and comic actor represented by Anita Elizabeth Holmes Management.

**PARTICIPANTS: £30 (Associate Members may participate in this workshop)**

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### To Your Own Show and Beyond!

INTRODUCTORY

Ruaraidh Murray

Saturday 13, Sunday 14 April

10.30-17.30

Course: AD121

From the light bulb moment of your initial idea for your show, to the creating process and production hustle, to lights up on the first performance of your world premiere, critically acclaimed actor/writer/producer and Edinburgh native Ruaraidh Murray will show you how it can successfully be done.

→ Murray studied at Oxford School of Drama and was a member of Traverse and Royal Court Theatre's young writers' groups. Acting credits include: F\*cked.com (Traverse Theatre), Trainspotting (No.1 UK Tour), Borgia (Netflix), Bob Servant (BBC), Sea of Souls (BBC) and Simon Baker's award-winning feature Night Bus.

**PARTICIPANTS: £60 (Associate Members may participate in this workshop)**

**DARE TO CREATE**

## Action and Impulse: Freedom and Specificity

INTERMEDIATE

Simon Trinder

Monday 15 April

10.30-17.30

Course: A247

A guaranteed fun workshop that will teach you a simple, practical approach to taking your attention off yourself, truly change the other person and create unbelievably truthful dialogue using the action and objective principles of international theatre director Mike Alfreds. We will then be exploring where the impulse to speak actually comes from.

→ Simon is a longstanding member of the RSC with 14 productions under his belt. Other Theatre includes seasons at Shakespeare's Globe, Royal Court, Hampstead Theatre and Young Vic. Tv work includes Midwinter Of The Spirit, Ordinary Lies season 2, The Hollow Crown, The Good Karma Hospital and Wolfblood.

**PARTICIPANTS: £40**

## The World of the Monologue

INTRODUCTORY

Chris New

Wednesday 17 April

10.30-17.30

Course: A9

Designed to make monologues dramatic worlds in which an actor can lose her/himself, this workshop deals with classic monologue challenges – creating drama and conflict on your own, building an imagined world from only the words on the page, and how to feel totally comfortable flying solo.

→ Chris trained at RADA and made his debut starring in the West End revival of BENT, for which he was nominated for an Evening Standard Theatre Award. He has lead companies at the National Theatre, The Young Vic and the RSC and starred in the critically acclaimed WEEKEND. He has also written numerous plays and the indie-hit feature film CHICKEN.

**PARTICIPANTS: £30**

## Sensory Awareness- What Are You Aware Of?

ALL LEVELS

Sonny Beycher

Tuesday 23 April

10.30-17.30

Course: A287

Before an actor can reach text or character, a process of 'active relaxation' must occur so that the actor is free from physical, mental and emotional tension, trapped in the actor's instrument. Then, discover how to bring truthful connection to text that is personalised through sensory awareness work.

→ Sonny is an Australian actor and teacher who has worked with some of the greatest acting coaches of our generation. A graduate of 16th Street Actors Studio, some of Sonny's teachers include: (UK) Mike Alfreds, Patsy Rodenburg, (U.S) Elizabeth Kemp, Carl Ford, Larry Moss, (Melbourne) Kerry Armstrong and Kim Krejus.

**PARTICIPANTS: £30**

## Act Without Acting

INTERMEDIATE

Daniel Benzenou & Alice Bird

Monday 29, Tuesday 30 April, Wednesday 1 May

10.30-17.30

Course: A295

A life-long way of working that cultivates the ability to truthfully communicate and inhabit the thoughts and internal landscape within a scene without 'acting'. A practice of true presence found through the power of simplicity - a way of working taught by Bathsheba Garnett's which evolved directly from Lee Strasberg.

→ As an actor Daniel Benzenou has worked with the history channel, Channel 4, Working Title, BBC, Netflix, ITV, and Sky TV. He is also a director and voiceover artist. Alice Bird is a multi-award winning Actress and producer with work premiering at Toronto international Film Festival and Raindance.

**PARTICIPANTS: £130 (Associate Members may participate in this workshop)**

## Freshly Ground: Acting in New Plays

Anna Ledwich  
Wednesday 1 May  
10.30-17.30  
Course: A272

ALL LEVELS

New writing is a thriving part of the British theatre ecology. What is the specific role of the actor in developing new work? How can the process differ to working on established texts? This workshop aims to explore what that experience can be, through practical work on texts and improvisation.

→ Anna Ledwich was Associate Director to Rupert Goold and Richard Eyre. Credits include Dry Power (Hampstead - 2018 Olivier Nomination), Cookies (Theatre Royal Haymarket), Kiss Me (Hampstead/West End), Labyrinth (Hampstead), Four Minutes Twelve Seconds (Hampstead/West End - 2015 Olivier Nomination), Blue Remembered Hills (Chichester), Lulu (Gate/Headlong).

**PARTICIPANTS: £30**

## Solo Theatre Performance: Basic Skills and Techniques

Colin Watkeys  
Wednesday 8 May  
10.30-17.30  
Course: A152

INTRODUCTORY

**DARE TO CREATE**

An introduction to skills and techniques useful for creating, developing and performing solo theatre shows using Face to Face techniques developed by Solo Theatre Festival Director Colin Watkeys in collaboration with Claire Dowie. You will learn character and narrative based skills supporting both the creation and performance of your ideas.

→ Colin Watkeys, director of the Face to Face Festival, has been directing solo performers for over thirty years including Claire Dowie, Ken Campbell, and many others. He studied Philosophy in London Japanese Theatre in Tokyo ran the Finborough Cabaret and worked at the Royal Court Theatre for the Young Writers Festival.

**PARTICIPANTS: £30 (Associate Members may participate in this workshop)**

## The Work of Harold Pinter

Gari Jones  
Wednesday 8 May  
10.30-17.30  
Course: A278

ALL LEVELS

A unique, insightful and thought-provoking workshop, looking at scenes and plays by Harold Pinter, revealing the undercurrents of his work. We will look into character, atmosphere and incentive, as well as how the characters function.

→ Gari is a writer and director with over 25 years experience. He worked with and alongside Pinter for many years, as his Associate, as well as directing many of his plays in the UK and Internationally.

**PARTICIPANTS: £30**

## Cold Reading to Performance

Daniel O'Meara  
Thursday 9 May  
10.30-17.30  
Course: A300

ALL LEVELS

This workshop is designed for actors who are looking to continue to improve their craft . A pragmatic, no nonsense class to challenge and build an actors confidence. To inspire and make an actor attack a role with courage. This workshop will look at warm up exercises, voice, Wim Hoff breathing exercises, character work/hotseating, Meisner exercises, cold reading scenes to performance, and also improvisation.

→ Daniel O'Meara has spent over 25 years working in Film, Television and Stage . He has been on the cutting edge of the industry . Working extensively in the UK, Europe and America. Daniel has worked on over 40 films and established the Actors Crib in 2016.

**PARTICIPANTS: £30**



## Emotions and Character

ALL LEVELS

Joy Richardson  
Friday 10 May  
11.00-17.00  
Course: A52

Do you need to feel it to act it? What is the emotional landscape available to you as a performer? We will explore six Primary Emotions: disgust, anger, fear, surprise, happiness and sadness. This workshop helps with auditions, rehearsals and performance. Just be ready to play and have fun.

→ Joy's work as an actor includes productions with Shakespeare's Globe, The National Theatre, and the West End. Working with Peter Hall, Richard Eyre, and Katie Mitchell. She has acted with Judi Dench, Mark Rylance, and Michael Caine. Joy recently played Paulina in Cheek by Jowl's production of The Winter's Tale.

**PARTICIPANTS: £30**

## Fundamentals: Sharpening Your Skills

ALL LEVELS

Patricia Doyle  
Monday 13 May  
10.30-17.30  
Course: A299

A one-day workshop for actors to have fun, or, if they feel like it, a bit of a lift into Spring and some exciting new work! And it could be an introduction for new members to the Actors Centre. Through improvisation, poetry and text, the workshop will be a sharing of experience, and inspire professional confidence in a friendly atmosphere.

→ Patricia is an actress, and a theatre and ballet director. She has worked over a long career with the NT, the RSC, the Royal Court, in the West End, in Rep. radio and films. Her most recent work has been with the NYT, Northern Ballet, and on the new ballet about Charlie Chaplin for the National Ballet of Slovakia which has its world premiere in March 2019.

**PARTICIPANTS: £30**

## Breath Work for Character, Creativity and Confidence

ALL LEVELS

Anthony Clegg  
Tuesday 14 May  
14.30-17.30  
Course: A276

Learn to access emotional states and creative flow by simply tuning into the breath, whilst at the same time developing an awareness that is essential for professional actors. How we breathe affects body language, tone of voice, energy levels and therefore how we are perceived onstage, in auditions and life.

→ With thirty years' experience as an actor including West End, National theatre and film Anthony turned his attention to studying breathing for performance and life, mastering scientific practices and those of many cultures. He has trained worldwide with Dan Brule, a breath work pioneer and personal coach to Anthony Robbins.

**PARTICIPANTS: £18**

## Advanced Solo Theatre

ADVANCED

Colin Watkeys  
Friday 17, Tuesday 21, Thursday 23 May  
10.30-17.30  
Course: A296

**DARE TO CREATE**

Three practical sessions in which you will develop your solo theatre ideas into short "scratch" performances building upon basic skills and techniques already encountered in Solo Theatre Workshops. This workshop assumes a knowledge of the basics learned by attending one of Colin Watkeys' previous Face to Face Solo Theatre Workshops.

→ Colin Watkeys, director of the Face to Face Festival, has been directing solo performers for over thirty years including Claire Dowie, Ken Campbell, and many others. He studied Philosophy in London Japanese Theatre in Tokyo ran the Finborough Cabaret and worked at the Royal Court Theatre for the Young Writers Festival.

**PARTICIPANTS: £100**

## How to Approach a One Person Show

INTRODUCTORY

**Catherine Lamb**  
**Tuesday 21 May**  
**10.30-17.30**

**DARE TO CREATE**

**Course: A256**

A practical class in story telling for a one person show. Please prepare and bring a piece of text from a one person show you are working on or inspired by. Please bring a paper copy. We will get these up on their feet and work through how to bring them to life.

→ Catherine is an actress and producer. She has worked in theatre, television and radio. Credits include THE CROWN and Russell T Davies' CUCUMBER. She is founder of Fabricate Productions Ltd.

**PARTICIPANTS: £30**

### Exploring Women's Roles

ALL LEVELS

**Sue Parrish**

**Wednesday 29 May**

**10.30-17.30**

**Course: A121**

Using scenes from Ibsen's The Doll's House, The Writer by Ella Hickson and ear for eye by Debbie Tucker Green this workshop will explore female stereotyping, the female protagonist and power on stage. Sue will use her rehearsal techniques to focus on analysing and building a character, through games, status, language, physicality and imagination. Scenes will be provided.

→ Sue Parrish is a widely experienced director of new work, classics and music theatre. She is the Artistic Director of Sphinx Theatre Company. Most recent productions include A Berlin Kabaret, the Women Centre Stage Festival at the National Theatre, and at Hampstead Theatre in 2016, and Are We at The Tipping Point? Symposium this February.

**PARTICIPANTS: £30**

### The Actor as Storyteller: From Audition to Performance

INTERMEDIATE

**Lisa Pescia**

**Wednesday 29, Thursday 30 May**

**11.00-17.00**

**Course: A182**

LA actor and coach, Lisa Pescia, returns with her two- day workshop focusing on understanding the heart of the story and sharpening your personal connection & choices to create a more authentic, dynamic audition and performance...Supportive yet challenging with an LA working actor bias.

→ Lisa Pescia is an LA based actor, producer, teacher. Her training has been primarily with director Milton Katselas at the Beverly Hills Playhouse for 25+ years. Lisa co-founded BHP Prod. Co. producing over 100 original scripts. She has taught internationally for the last 5 years throughout Europe.

**PARTICIPANTS: £110**

### The Meisner Technique

ALL LEVELS

**Scott Williams**

**Monday 3, Tuesday 4, Wednesday 5, Thursday 6, Friday 7 June**

**10.30-17.30**

**Course: A11**

If you're an actor who considers herself 'too intellectual', if you wonder what it really means to be 'in the moment', if you find yourself too emotionally limited, this workshop is for you! Using a simple set of five exercises which take you from the beginning work-out for the actor through to dynamic interplay with text, you'll explore in five intense days a year's training in the techniques perfected by Sanford Meisner, 'the American theatre's best-kept secret.'

→ Scott Williams, who trained with Meisner at the Neighborhood Playhouse School of the Theatre in New York City, has been teaching actors, directors and writers for over 40 years. His company, The Impulse Company, has introduced new ways of creating vital performances to thousands of practitioners the world over, and has been a London mainstay for more than two decades.

**PARTICIPANTS: £150, OBSERVER: £75**

### Corporeal Mime for Solo Theatre

ALL LEVELS

**Ramon Ayres**



Saturday 8, Sunday 9 June

10.30-17.30

Course: A298

A two-day corporeal mime workshop, exploring a range of physical skills and investigating devising mechanisms to create and perform solo work. This work will give you the ability to articulate thoughts and shape emotions. It will also give you the ability and autonomy to explore a narrative in a practical way.

→ Ramon Ayres teaches Corporeal Mime at East15 and FourthMonkey. He has taught Corporeal Mime at Icelandic Academy of Arts. Ramon graduated from The International School of Corporeal Mime (London). He was selected to experience the process of the solo piece "The Encounter" as part of Theatre Complicite' workshop. He is artistic director of Ephemeral Ensemble.

**PARTICIPANTS: £60**

**DARE TO CREATE**

## Meisner and Cold-Reading

Susan Bracken

Monday 10 June

10.30-17.30

Course: A17

This class deals with how you approach a script, how you make strong choices and how to believe in the reality of what you are doing. Susan brings a mix of Stella Adler's 'Your talent lies in your choices' and Sanford Meisner's 'reality of doing' to bring to life your character and reading.

→ Susan Bracken is an actress and director. She is co-founder of C Company, a Meisner based ensemble that has tested its work in performance over the last eight years on the London stage. She trained in the Meisner Technique at Act One Studios, Chicago.

**PARTICIPANTS: £30, OBSERVER: £15**

INTERMEDIATE

## Why Is That So Funny?

John Wright

Wednesday 12, Thursday 13 June

10.30-17.30

Course: A236

This workshop is on comic timing. We'll look at: slights, reversals, double takes, build-ups and payoffs, techniques that are endemic in physical comedy. To what extent can you make us laugh through the action you find yourself doing rather than the text you've been given to say?

→ John Wright is an award-winning international director: He co-founded Trestle Theatre Company and Told by an Idiot. Me-Me-Me a clown show, with Frank Wurzinger, is currently touring. His books: Why is that so funny? And: Playing the mask: acting without bullshit, are both very popular and published by Nick Hern.

**PARTICIPANTS: £60, OBSERVER: £20**

ALL LEVELS

## Advanced Solo Theatre Showcase

Colin Watkeys

Monday 17 June

10.30-17.30

Course: A279

One whole day working intensively on your Solo Theatre Performance with an evening showcase opportunity in the John Thaw Studio. A "scratch" performance masterclass on ideas developed in Advanced Solo Theatre Workshops. Participants will learn both through working on their own performances and observing the same processes applied to others.

→ Colin Watkeys, director of the Face to Face Festival, has been directing solo performers for over thirty years including Claire Dowie, Ken Campbell, and many others. He studied Philosophy in London Japanese Theatre in Tokyo ran the Finborough Cabaret and worked at the Royal Court Theatre for the Young Writers Festival.

**PARTICIPANTS: £90**

ADVANCED

**DARE TO CREATE**

## Produce and Perform a One-Person Play

INTRODUCTORY

**David William Bryan**

**Monday 17 June**

**10.30-17.30**

**Course: A282**

Everything you need to know about acting and producing a brilliant one-person play and a new perspective on how to build your career without anyone's permission. Whether you're just considering delving into the world of one-person plays, or you have a solo show ready to go but it needs some care and attention, this workshop is geared to help you.

→ David William Bryan trained at the Stella Adler Studio in NYC and now specialises in one-person plays. His current show "In Loyal Company" was a complete sell out at Edinburgh festival 2018 and is currently touring nationwide. More info at davidwilliambryan.com.

**PARTICIPANTS: £30**

**DARE TO CREATE**

## The Process: The Secret of Truthful Acting

**James Bowden**

**Tuesday 18, Wednesday 19 June**

**10.30-17.30**

**Course: A125**

A two-day workshop designed to help you find a way to consistently create truthful emotions in performance, suitable for actors of all experience. Using James' own systematic approach to creating character designed to keep it simple! With elements from Stanislavski, Meisner etc, The Process has at its core the 'Four Principles' - the secret of truthful acting.

→ James graduated from RBC in 1994 and worked regularly as an actor in theatre and TV. He has appeared in the original West End cast of The Beautiful Game, open air Shakespeare, pantomime, repertory theatre, off West End, number one tours, TV and music videos. James is the co-founder/ principal of The Dorset School of Acting.

**PARTICIPANTS: £75**

ALL LEVELS

## Create a One-Person Show

**Guleraana Mir and Madelaine Moore**

**Thursday 20, Friday 21 June**

**10.30-17.30**

**Course: A296**

The Thelmas bring you a practical guide to writing/creating a one-person show. Perfect for actors looking to make work for themselves. The workshop uses creative writing and performance skills to inspire participants to create a complex new character. You will leave with the skills to structure a complete idea.

→ The Thelmas, a new writing company dedicated to the development of female writers, is led by writer Guleraana Mir, and director Madelaine Moore. Their award-winning LADYKILLER sold out audiences and garnered critical acclaim at VAULT and Edinburgh festivals. Guleraana's OFFIE nominated COCONUT, was co-produced with Ovalhouse toured nationally.

**PARTICIPANTS: £80**

INTRODUCTORY

**DARE TO CREATE**

## Improve Your Memory for Rapid Line Learning

**Mark Channon**

**Friday 21 June**

**10.30-17.30**

**Course: A249**

Getting stressed 10 minutes before the audition? Struggling to get a scene into your head before tomorrow's shoot? Or just want to get off book earlier in rehearsals? In this interactive workshop you'll learn skills to boost your confidence and learn lines rapidly.

→ Mark Channon is a Memory Coach and the founder of markchannon.com. After creating the quiz show Monkhouse's Memory Masters for the BBC, he became one of the first Grand Masters of Memory in the world. Mark originally trained as an actor working for over 15 years in London's West End, the National Theatre, The Traverse as well as many roles on TV.

**PARTICIPANTS: 30**

ALL LEVELS

## Take Your Stand Up Further

**Bentley Browning**

INTERMEDIATE

**Monday 24 June**

**10.30-17.30**

**Course: A297**

For students who attended the beginners stand up workshop or people who have done some stand up before. A mixture of new comedy techniques and stand up speaking exercises. Dealing with heckling, audience work, one-liners and improvisation are all covered at this fun and rewarding day.

→ Bentley runs the Comedy Novices courses and his workshops have featured on BBC Breakfast, BBC 1 The One Show, Russell Howard's Good News, BBC2 Radio 4, 5 live, The Evening Standard and The Sun on Sunday. He is a pro stand-up comic and comic actor represented by Anita Elizabeth Holmes Management.

**PARTICIPANTS: £30 (Associate Members may participate in this workshop)**

**Method Introduction**  

**Sam Rumbelow**

**Tuesday 25, Wednesday 26 June**

**10.30-17.30**

**Course: A46**

A two-day course introducing the structure and techniques of Lee Strasberg's methodology, commonly known as Method. It is a full introduction and understanding of Method on a practical level with a selection of tools and techniques to take away and practice. You will have the means to expand your methodology by bringing into play particular tools of Lee Strasberg which address Relaxation/Sense Memory/Emotional Memory.

→ Sam Rumbelow brings over 38 years experience in stage, TV and film, which 19, has been building his body of work as a teacher and coach in Method. As an actor he has worked with Helen Mirren, John Thaw, Bill Paterson and Penelope Wilton amongst others. As a Method teacher Sam has worked with many established actors and coached for stage and screen.

**PARTICIPANTS: £60**

INTRODUCTORY

**Digging Deeper Into Meisner**   

**Scott Williams**

**Wednesday 26, Thursday 27, Friday 28 June**

**10.30-17.30**

**Course: A94**

What does it mean to "live truthfully" and how far can that concept take you into your acting? Over three days, this is the class to let you experience the full impact of our techniques, opening up your responses and helping to make performances that matter. Participant places are only open to those who have participated in The Meisner Technique workshop.

→ Scott Williams, who trained with Meisner at the Neighborhood Playhouse School of the Theatre in New York City, has been teaching actors, directors and writers for over 40 years. His company, The Impulse Company, has introduced new ways of creating vital performances to thousands of practitioners the world over, and has been a London mainstay for more than two decades.

**PARTICIPANTS: £90 / OBSERVER: £30**

INTERMEDIATE

**Practical and Physical Skills for Staging and Performing a One-Person Show**   

**Peter Bramley**

**Wednesday 26, Thursday 27 June**

**10.30-17.30**

**Course: A292**

A two-day workshop developing practical skills for staging and performing solo work, focusing specifically on the use of space, the body and the audience. Drawing from the teachings of Jacques Lecoq, this workshop will widen your perception of the endless possibilities of solo performance and inspire ideas for creating and exploring new work!

→ Peter Bramley is the Artistic Director and founder of multi award winning theatre company Pants on Fire. He trained with Jacques Lecoq in Paris and has an MA in Theatre Practices. He was Head of Movement at Rose Bruford College for 12 years and has taught workshops internationally, including Yale University (USA), The Moscow Arts Theatre School (Russia), Soulpepper Theatre Company (Toronto, Canada,) DAMU (Prague, Czech Republic) and Institut Teatre Barcelona (Spain).

**PARTICIPANTS: £60 (Associate Members may participate in this workshop)**

ALL LEVELS

**DARE TO CREATE**

## acting: weekly/fortnightly/monthly

### Improvisation – Monthly Workshops

Charlotte Gittins/Jonah Fazel

Tuesdays 16 April, 21 May, 18 June

18.30-21.30

Course: A63

Ideal for performers of any experience, each session will introduce you to some of the fundamentals of improvisation. Whether you want to improve your confidence, get some tips on improv in the audition room, enhance your own creative work or just become a more flexible, spontaneous and present performer. These sessions will be run by either tutor, in rotation.

→ Charlotte is an actor, comedian and BAFTA Rocliffe-winning writer. One of the stars of award-winning West End show 'Austentatious: An Improvised Jane Austen Novel', she performs, directs and teaches at major festivals around the world. Her current shows include the critically-acclaimed 'Folie à Deux', 'Grand Theft Impro' and 'Monkey Toast'.

→ Jonah is an experienced comedian, actor, theatre-maker and television presenter who trained at Royal Central and the Webber Douglas Academy. He has been teaching improvisation for over a decade. He tours Nationally with the hit comedy shows 'Bumper Blyton', and is a Series regular in BAFTA winning comedy series 'History Bombs'.

**PARTICIPANTS: £18**

ALL LEVELS

### Working

Nathan Osgood

Wednesdays 3 April, 8 May, 12 June

18.00-21.00

Course: A49

It's 5 O'clock in the afternoon and your agent sends you a script to be learned for the following morning. This class helps you through that by making interesting choices and getting off book by the third hour and performing as if in an audition with our strong thru line, beat changes and character. Working is about getting the job.

→ Nathan's teaching credits include, many years at the actors centre, Stella Adler in Hollywood, and his own acting studio in the West End. His acting credits include seasons at the National Theatre, Royal Court, Chichester and the Young Vic. Film & TV include 'Holmes & Watson', '55 Steps', 'Undercover', 'The Honourable Woman' as well as directing theatre, he is a regular on BBC radio.

**PARTICIPANTS: £18**

ALL LEVELS

### Stanislavski Drop In

Seb Harcombe

Saturdays 6, 20 April, 4, 18 May, 1, 15, 29 June

14.30-17.30

Course: A281

A fortnightly class, working with speeches, exercises and scenes from a Stanislavskian perspective. Suitable for previous attendees of the 'Stanislavski Reinvestigated' workshops at the Actor's Centre or those with a good foundation in the technique wanting further exploration. Class texts range from contemporary to classical and could include screen and radio scripts.

→ Previously Director of the BA Acting courses at both RADA and Drama Centre, Seb is now a freelance director and one of the UK's leading acting teachers. After beginning his career in theatre as a student at RADA, he worked as an actor for 15 years, playing leading roles at the National Theatre, RSC and many of the UK's most prestigious theatres and companies before becoming a teacher.

**PARTICIPANTS: £18**

INTERMEDIATE

## There's No Such Thing as Character

ALL LEVELS

Chris New

Saturdays 6, 13, 20, 27 April, 4, 11, 18, 25 May, 1, 8, 15, 22, 29 June

10.30-13.00

Course: A176

A startling and fresh viewpoint on acting and how to do it. Evolved from Chris New's experience as a working actor this weekly class cuts through the myths and mysticisms that surround acting and delivers a clear, concise process which encourages you to remove the mask of character and, instead, have the confidence to trust what is already within you.

→ Chris trained at RADA and made his debut starring in the West End revival of BENT, for which he was nominated for an Evening Standard Theatre Award. He has lead companies at the National Theatre, The Young Vic and the RSC and starred in the critically acclaimed WEEKEND. He has also written numerous plays and the indie-hit feature film CHICKEN.

**PARTICIPANTS: £18**

## Meisner Workout

INTERMEDIATE

Kate Maravan

Mondays 1, 8, 15, 29 April, 13, 20 May, 3, 10, 17, 24 June

14.00-17.00

Mondays 8, 29 April, 20 May, 3, 17 June

18.00-21.00

Course: A222

Explore how the Meisner Repetition exercise and being embodied enables us to listen fully to ourselves and the other actor. Discover how to enter a state of flow in which spontaneous impulse and responsivity in the moment are unencumbered. An intro level of Meisner is required to participate.

→ Kate is an actress, writer and teacher. She trained at RADA and has co-written scripts for theatre, BBC and C4. She is currently touring her solo show The Old House. Kate teaches in the UK and internationally and has developed a movement practice alongside the core Meisner Technique exercises.

**PARTICIPANTS: £18 / OBSERVERS: £10 (Associate Members may participate in this workshop)**

## Poetry Group

INTERMEDIATE

Peter Kenny and Catherine Harvey

Wednesdays 10, 24 April, 8, 22 May, 5, 19 June

14.00-17.00

Course: A8

Performing poetry is the perfect way to develop your craft as an actor, improving sight reading skills, exploring verse texts, and finding your unique voice by engaging with language and form. Members of the Poetry Group may be asked to form an ensemble that performs at live poetry events.

→ Catherine is a regular reader on Radio Arts programmes including Poetry Please and Words and Music. She recently co-produced Tongue and Talk for Radio 4, writing/presenting the episode on Lancashire Dialect Poetry. A recipient of the Poetry Society's Gold Medal, she's taught at drama schools including Central, Guildhall and Mountview.

→ Whilst with the BBC Radio Drama Company Peter made numerous recordings of poetry for Kaleidoscope and Woman's Hour. He has twice been shortlisted for Best Audiobook of the Year and received Awards for his recordings of the works of Iain Banks, Neil Gaiman, Jonas Jonasson, and Claire North.

**PARTICIPANTS: £15**

## tv & film

### Defining character: Choice and Change

INTERMEDIATE

Tim Newton

Wednesday 10 April

10.30-17.30

Course: TV117

Making decisions, especially under pressure, expose true character and drive a story forward. And showing choices being made can be key to a compelling performance. All good drama is also ultimately about change. Recognising the change your character goes through, even within a short scene, is crucial to mapping out your character's journey. In this acting for camera workshop you'll perform, view and review a range of TV and film scenes, unpicking the intentions of the writers to identify change within a scene and pick up on your character's decisions, both big and small.

→ Tim is a passionate storyteller with over twenty five years' experience directing, writing and producing independent film, TV, commercials, corporate and documentary films. Tim is a regular guest director and lecturer at Bristol Old Vic Drama School teaching acting for camera and filmmaking.

**PARTICIPANTS: £55**

### Acting on Screen: Less is More

ALL LEVELS

Carolyn Pickles

Tuesday 16 April

10.30-17.00

Course: TV72

This screen acting session, Less is More, is structured to enable the actors to film short, carefully cast duologues. Starting with selective exercises designed to teach all aspects of acting on screen and combat nerves, the preparatory work feeds into the selected scenes. Time is taken to prepare and direct each scene which is played back, to constructive feedback.

→ Carolyn studied at Manchester University (Drama B.A) and National Youth Theatre, working initially in Rep: Liverpool, Manchester, Nottingham, before joining the National Theatre and later the RSC. Many TV roles include title role Bluebell (BBC tv series Bluebell), DCI Kim Reid (ITV's The Bill), Simone (May to December), and recently Maggie (Broadchurch). Films include Tess, Agatha, The Mirror Cracked, Harry Potter, and most recently The Spy Who Dumped Me.

**PARTICIPANTS: £55**

### A Close-Up on Screen Acting

INTERMEDIATE

Bob Bierman

Wednesday 24 April

10.30-17.30

Course: TV16

By shooting and watching back TV and film scripts, in close-up, actors will see their performance change and improve from take to take. Maximum on screen time, with director's comment, feedback and advice.

→ Robert Bierman is a BAFTA award winning TV and film director. Credits include Keep the Aspidistra Flying, Blonde Bombshell, Between the Lines (BAFTA Winner) and Waking the Dead (Emmy Winner).

**PARTICIPANTS: £65**



## Methods of Backstory

ALL LEVELS

Jesse Quinones

Monday 29, Tuesday 30 April

10.30-17.30

Course: TV109

This workshop will enable participants to harness the skills necessary to perform in front of the camera, to convert the techniques they have already acquired for screen and to enter the world of film and television with confidence. Specific areas that will be emphasised include building a character arc that will not be broken by a non-linear shoot, staying present and in Character regardless of the scale of the shoot, how to explore the impact the frame will have on performance, how to stay present and consistent with multiple takes and using improvisation as a means of building backstory. The workshop is as useful for directors as it is for film actors.

→ Jesse is a London based writer, director, and producer. He is currently in prep on his upcoming feature film CAGEFIGHTER, a sports drama starring Michael Jai White and Gina Gershon. In 2013 he completed his feature film Calloused Hands, which starred Andre Royo (The Wire). Jesse regularly teaches performers, writers and directors, and has taught at various institutions across the UK.

**PARTICIPANTS: £125 / OBSERVER: £30**

## Screen Workout

ADVANCED

Daniel Dresner

Fridays 3, 10, 17, 24 May

10.30-13.30

Tim Newton

Fridays 7, 14, 21, 28 June

10.30-13.30

Course: TV117

This workshop series gives participants the opportunity to develop their screen technique in a collaborative environment, with a consistent group. You will work through a variety of exercises, to encourage truthful delivery, quick decision making, and developing characterisation. You will also work through scripts on camera, and review footage. Participants can choose from a selection of scripts or bring in their own pieces. These workshops will increase and maintain your confidence and ability to perform on screen and take direction. You also have the opportunity to observe and understand what the director is looking for during a scene. This workshop series will be rolling, with the option to book 4 weekly sessions at a time. The tutor leading the sessions will change monthly.

→ Daniel studied at the Lee Strasberg Theatre Institute in New York City and is a London based life and acting coach.

→ Tim is a passionate storyteller with over twenty five years' experience directing, writing and producing independent film, TV, commercials, corporate and documentary films. Tim is a regular guest director and lecturer at Bristol Old Vic Drama School teaching acting for camera and filmmaking.

**PARTICIPANTS: £100**

## Performing on Soap - How Serial Drama Works and What to Expect After Casting

ALL LEVELS

Ian Bevitt

Saturday 4 May

10.00-17.00

Course: TV116

An interactive session dealing with the many demands and fast pace of serial drama. A how-to guide for actors led by BAFTA winning TV director Ian Bevitt. This workshop outlines exactly what happens when you are cast in a show like Coronation Street. What is expected of you? What about rehearsal? How can you best prepare to jump on a fast-moving train? Working in small groups, scenes will be brought to life in the kind of timeframe used in serial drama.

→ Ian Bevitt is a BAFTA and RTS-winning drama director. He has directed around 500 episodes of Coronation Street and Emmerdale, as well as prime time drama, comedy and children's drama for ITV, BBC and C4. He has also led and taken part in hundreds of castings.

**PARTICIPANTS: £75**

## Screen Acting - Be Real and Believable

INTERMEDIATE

Daniel Dresner

Tuesday 7, Thursday 9 May

10.30-17.30

Course: TV11

A two-day practical workshop which focuses on being real and believable on screen. Working on prepared scenes and using exercises you will take away tools and techniques which will enable you to be honest, truthful and colourful every time.

→ Daniel studied at the Lee Strasberg Theatre Institute in New York City and is a London based life and acting coach.

**PARTICIPANTS: £110 / OBSERVER: £30**

## Practical Aesthetics for Screen Acting

ALL LEVELS

Lee Lomas

Thursday 9 May

18.30-21.30

Course: TV115

Introduction to Practical Aesthetics for Screen Acting. Students will learn how to analyse text efficiently, make bold and brave choices and discover how to own the text, as well as basic screen/audition technique.

→ Lee has been working in television for 10+ years, credits include: Shameless, Cold Feet, The A Word, Hollyoaks, Coronation Street, Casualty. He also produces his own theatre through his production company 1956 Ents. Lee specialises in Practical Aesthetics and is one of the only teachers of the technique in London.

**PARTICIPANTS: £25**

## Acting on Screen

INTRODUCTORY

Caroline Webster

Monday 13 May

10.30-17.30

Course: TV32

This workshop will give you the skills you need to prepare and play a role on screen. Using scripted scenes from TV and film, Caroline will guide you through understanding the structure of screenplays and how to make clear dynamic thought-process choices, enabling you to create a truthful and entertaining performance on camera. All scenes will be rehearsed and recorded with a camera operator and reviewed at the end of the day.

→ Caroline began her career as an actress working extensively in theatre and TV and became a familiar face when she appeared in four series of BBC1's Casualty. She is currently a freelance director and photographer and has written and directed a number of half hour films for Dramatic Media and Tara Television.

**PARTICIPANTS: £55 / OBSERVER: £15**

## Screen Acting: Acting With No Words

INTERMEDIATE

Finlay Robertson

Friday 24 May

10.30-17.30

Course: TV108

Forget talking, an actor on camera needs to know how to show a character's change and discovery when they have no dialogue. Using text and exercises we'll differentiate between "showing" and "telling" on camera, the reaction shot is the best shot! Through this workshop you will gain the capacity to communicate narrative without using text.

→ Finlay Robertson is an experienced actor and writer who has appeared onstage at The Royal Court, Park Theatre, Almeida and most recently in Wilderness at The Hampstead Theatre. In 2012 The Old Vic took his one person-play Strong Arm to the Edinburgh Fringe. On screen he's appeared as regular series roles in Body Farm (BBC One) and Life Begins (ITV), as well as leading guest roles in shows such as Unforgotten, Humans, Scott & Bailey, New Tricks, Doc Martin, Taggart and the iconic Blink episode of Dr Who.

**PARTICIPANTS: £55**

## Screen Audition, Rehearsal and Performance

ALL LEVELS

Robert Knights

Tuesday 28 (14.30-17.30), Wednesday 29 (10.30-20.00) May

Course: TV144

Day one of this workshop we will look at the audition and how to give a filmic reading. On day two, after learning a three-minute scene overnight you will be filmed, in pairs, in multiple shots. All is reviewed, and then we will look at how the film crew works and what they expect of you.

→ Before becoming a TV and film director Robert was an AD at Bristol Old Vic and Royal Court. For his screen work he won an international Emmy for Porterhouse Blue and has been BAFTA-nominated 3 times. Some of his credits include The Dawning, Tender is the Night, Mosley, Double Vision, The Glittering Prizes, Inspector Morse, The Bill and Monarch of the Glen. He has directed Sir Anthony Hopkins, Dame Helen Mirren, Sir David Jason, Dawn French and Kim Cattrall. He teaches at East 15, BOVTS, RWCMD.

**PARTICIPANTS: £220**

## Screen Acting: The Secrets to Performing Your Best

ALL LEVELS

Linda Ludwig & James Curle

Thursday 23 May

10.30-17.30

Course: TV119

A practical day exploring the art of delivering on take one. We'll perform and play back, discussing the individual actors' camera performances in detail and sharing the secrets no one tells you. You will learn how to deliver your best work on set and understand how to nail your showreel.

→ Linda and James are award-winning directors, directing drama and commercials together since 2011. Their film "Man of the Hour" won Best Short at the Cannes Film Festival 2018, AmPav, and was selected for over 10 festivals, including BAFTA and Oscar qualifiers. They are now working on their debut feature. [www.inquisitivepictures.co.uk](http://www.inquisitivepictures.co.uk)

**PARTICIPANTS: £60**

## The Camera Loves You

INTERMEDIATE

Suri Krishnamma

Wednesday 5, Thursday 6 June

10.30-17.30

Course: TV19

This two-day workshop covers the nuts and bolts of performing on camera, exploring what the specific expectations of a screen actor are; how you stay 'in the moment' when filming out of sequence; what impact shooting a scene in 'cuts' versus a single, developing shot has on the actor and other issues. Practical exercises, recorded on camera and in close to real-world conditions, will be critically debriefed across the two days.

→ Suri Krishnamma is an award-winning director whose credits include A Respectable Trade and The Cazalets as well as feature films A Man of No Importance, New Year's Day, and Dark Tourist). His films have premiered at the London, Edinburgh, Sundance, Toronto and Munich Film Festivals. He has been nominated for 3 BAFTA awards and is currently directing Coronation Street for ITV.

**PARTICIPANTS: £130**

## tv & film: weekly/fortnightly/monthly

### Putting in the Hours

ALL LEVELS

Various Tutors

Thursdays from 10 January

13.30-15.30 or 15.45-17.45

Course: TV48

These innovative weekly workshops are specifically designed to help members improve their screen skills and to gain experience and confidence. During these record-and-review sessions, participants will film short sequences and discuss the playback with an experienced director or tutor.

→These workshops will be led by a small team of tutors including Daniel Dresner, David Corbett Jim Mannering & Finlay Robertson. Please check individual dates on the website for tutor biographies.

**PARTICIPANTS: £20**

### Audition Practice on Camera

ALL LEVELS

John Melaine

Tuesdays 2, 16, 30 April, 14, 28 May, 11, 25 June

14.30-17.30

Course: TV1

Weekly on-camera workshops to learn, practise and review TV and film auditioning and sight reading skills. Practice makes perfect – but practise between auditions, not during them when a mistake can lose you work. Please bring a DVD RW.

→Combining forty years' experience, acting in TV, Film, Commercials and Theatre with his 25 years' experience taking thousands of actors through casting sessions on behalf of Hubbard Casting and others, John has taught at various drama institutions and privately for 20 years workshops designed to increase actors success rates auditioning

**PARTICIPANTS: £20 / OBSERVERS: £10**

## writing

### Writing for Stage: A Beginner's Guide

Scott Howland

Thursdays 9, 16, 23, 30 May, 6, 13 June

18.30-20.30

Course: WR29

The course will cover basic writing technique, style and structuring - the fundamentals for writing a compelling stage play. It will also address the usage of writing software. These techniques will then be implemented over 6 weeks as simple, yet effective scaffolding to assist attendees to begin writing their own script.

→ Scott achieved an MA in Text and Performance from RADA, specialising in writing for stage as well as acting. He works at the London Film School, developing scripts with MA Screenwriting students and has also written and produced three original plays with his London theatre ensemble; N2P.

**PARTICIPANTS: £110 (Associate Members may participate in this workshop)**

INTRODUCTORY

**DARE TO CREATE**

### A Beginners Guide to Writing Treatments

Rex Obano

Sunday 19 May

18.30-21.30

Course: WR22

This workshop will introduce to you the treatment for film, television and radio, and how to write one. We will explore basic principles and the crucial areas of treatment writing and how to pitch your project in meetings. This is a must for anyone one starting out in the industry.

→ Rex is a freelance writer for theatre, television, radio and film. He has a M.A. in Feature Film Screenwriting from Royal Holloway, University of London.

**PARTICIPANTS: £30 (Associate Members may participate in this workshop)**

INTRODUCTORY

**DARE TO CREATE**

## Writing: weekly/fortnightly/monthly

### Writers Drop-in

Stewart Permutt

Fridays 12, 26 April, 17, 31 May, 14, 28 June

18.30-21.30

Course: WR1

Writers bring extracts of work for stage, radio or screen to be read aloud for feedback. People are welcome who just want to come along and observe and share ideas. Currently public readings of writer's work are being showcased in The John Curry and John Thaw studios. Former student won the Verity Bargate Award.

→ Stewart Permutt has run workshops at The Globe, Channel 4 and Morley College. Writing includes REAL BABIES DON'T CRY (Edinburgh Fringe First) A DARK NIGHT IN DALSTON (PARK THEATRE). UNSUSPECTING SUSAN (Kings Head, New York, Stuttgart, Philadelphia, St. Louis), SINGULAR WOMEN (Radio 4, Edinburgh, Australia).

**PARTICIPANTS: £10, OBSERVER: FREE**

ALL LEVELS

**DARE TO CREATE**

## shakespeare

### Transparent Shakespeare



Simon Godwin

Friday 31 May

10:00-16:30

Course: SH71

ALL LEVELS

This workshop will focus on making Shakespeare's language transparent, first to the actor and then to an audience. How do we tackle language that often feels obscure and far away? How can the metre and rhythm of the words help rather than hinder our delivery? How can Shakespeare enrich rather than alienate? Combining Simon's playful style with detailed pointers, this will be a wonderful way of experiencing Shakespeare and discovering how to unleash his power.

→ Simon is an Associate Director at the National Theatre, where his work has included Twelfth Night, Man and Superman, The Beaux' Stratagem and Strange Interlude and Anthony and Cleopatra. Last year Simon directed Hamlet and also Kathryn Hunter in Timon of Athens for the RSC.

**PARTICIPANTS: £55 / OBSERVER: £25**

## shakespeare: weekly/fortnightly/monthly

### Shakespeak



INTERMEDIATE

April: Terry Besson, May: Janet Suzman, June: Val Doulton

Thursdays 18 April, 16 May, 20 June

18:00-21:00

Course: SH66

Since 2016 the Shakespeak group has been exploring collaboratively the speaking of Shakespeare. Monthly workshops are led by visiting practitioners and members of the group; after attending your first session, you may be invited to become part of the Shakespeak group and have access to ongoing workshops, and performance opportunities.

→ Terry is one of the country's leading accent and dialect specialists. His vast experience gained in over 30 years working on film, TV, radio and theatre projects has given him a unique approach to the vocal and physical changes needed when approaching acting in another accent.

→ Janet cut her acting teeth on Peter Hall's quarter centenary RSC season in 1963/4 – The Wars of the Roses. She stayed on with the RSC and played many heroines including Cleopatra, Portia and Rosalind. Janet was Oscar-nominated for Nicholas and Alexandra and worked alongside John Cusack in the film Max.

→ Val Doulton is an experienced Director and Producer having previously worked at The National Theatre, The Lyric Hammersmith, The Royal Exchange, The Bristol Old Vic, & The Wales Millennium Centre.

**PARTICIPANTS: £15 (Associate Members may participate in this workshop)**



## voice & dialect

### Accents: The Foundations

Louise Jones

Wednesday 10 April

10.30-13.30

Course: VC55

A workshop for those new to accents and curious about them. The workshop will cover the foundational skills required when investigating accents. Through practical voice work, pairs observations and listening exercises you will develop your ear. By lunchtime you'll have honed your skills and grown in confidence.

→ Louise is an experienced voice teacher who specialises in speech and accent work. After receiving her MA in Voice Studies from RCSSD she returned to coach actors and voice coaches in training. In addition, Louise coaches for various Theatre, TV and Film productions. Her latest feature 'Mr Jones' has just been released.

**PARTICIPANTS: £18 (Associate Members may participate in this workshop)**

INTRODUCTORY

### The Play's the Thing - Rehearsing with an American Accent

Terry Besson

Wednesday 24 April

10.30-17.30

Course: VC2

Learn how to maintain an authentic General American accent throughout the rehearsal process and into performance, using selected scenes to solidify your accent usage. Covering; style, rhythm, changes in flow, where the power should be, subtle changes of speed, tone, the energy, using correct muscularity and breath strength to maintain the accent.

→ Terry is one of the country's leading accent and dialect specialists. His vast experience gained in over 30 years working on film, TV, radio and theatre projects has given him a unique approach to the vocal and physical changes needed when approaching acting in another accent.

**PARTICIPANTS: £30**

ALL LEVELS

### Vocal Extremes

Yvonne Morley

Friday 26 April

10.30-17.30

Course: VC42

A practical workshop for actors, voice artists and performers. Skills for screaming, shouting and the more challenging aspects of voice work on stage, screen and in the studio. An approach designed to keep you safe while delivering work that looks and sounds like the real thing - without damaging your voice.

→ Yvonne Morley-Chisholm has worked as a voice and vocal coach for over thirty-five years. Formerly Head of Voice at LAMDA she is an associate with the RSC, RNT, Shakespeare's Globe and Shakespeare's Rose Theatres. Other work includes West End productions, BBC, various independent TV companies, voiceover and radio.

**PARTICIPANTS: £30, OBSERVERS: £15**

ALL LEVELS

## Complete Vocal Technique for Actors and Singers

ALL LEVELS

Michael Hill

Saturday 18 May

10.30-17.30

Course: VC37

This interactive course will show the latest science-based, practical vocal techniques from the CVT approach, giving you the confidence to speak, sing and scream in a healthy way! Whether you wish to sing a classical aria, project your speaking voice, or try out heavy metal distortion, CVT teacher Michael Hill is here to help! Bring along a song or monologue and let's explore your vocal potential.

→ Michael is a voice coach, singer and freelance broadcaster, with a particular interest in voice science and its practical applications for expressive speaking and singing. His vocal coaching has embraced a wide range of different performers and styles – from teaching singing and accents to TV actors, coaching West End singers, helping lawyers with public speaking and even training international metalcore bands to grunt safely on tour!

**PARTICIPANTS: £35**

## A Simple Approach to Accent Work for Native and Non-Native Speakers of English

ALL LEVELS

Michael Hill

Monday 20, Tuesday 21 May

10.30-17.30

Course: VC45

Accents, like singing a particular song, have specific melodies, rhythms and vowel qualities. If you've struggled with the Phonetic Alphabet, or you find yourself getting lost in the details of an accent, this workshop will show you, using the latest in science-based vocal technique and practical tips and tricks, how to find the 'song' of an accent and embed this into your muscle memory.

→ Michael is a voice coach, singer and freelance broadcaster, with a particular interest in voice science and its practical applications for expressive speaking and singing. His vocal coaching has embraced a wide range of different performers and styles – from teaching singing and accents to TV actors, coaching West End singers, helping lawyers with public speaking and even training international metalcore bands to grunt safely on tour!

**PARTICIPANTS: £60**

## Exploring the Resonators of Speech

ALL LEVELS

Gordon Faith

Tuesday 4 June

10.30-13.30

Course: VC56

This workshop is an opportunity to explore the full range of your voice. Most of us restrict our voices to our own particular comfort zone and restrict the potential range of what we are capable of. A bit like a pianist who only uses the top part or lower part of the key-board only. You will utilise relevant exercises and text as it travels through the vocal ranges, and the idea of the voice being used as a musical instrument will be introduced.

→ Gordon had a long and successful career as an actor and broadcaster, playing numerous roles in West End productions. He has held posts at ALRA (Academy of Live and Recorded Arts); the Webber Douglas Academy; Rose Bruford College and Richmond upon Thames College, among others.

**PARTICIPANTS: £18**

## Tools for Learning an Accent P S

Elspeth Morrison

Sunday 9 June

10.30-17.30

Course: VC3

Are your accents sometimes a bit wonky? Does your Newcastle sound more Indian? Or your American more Irish? This have a go (but only if you want to!) workshop will give you simple techniques for working by yourself on ANY accent, so that you'll have a better chance of nailing that last minute audition. As well as guidance on what sort of accents might suit you, we'll look at and listen to the most popular accents that come up in castings.

→ Elspeth Morrison is an ex-BBC producer who escaped the Corporation to explore her passion as an accent coach. She has huge experience in coaching actors for television, theatre and film roles in accents spanning from Trinidad to Cockney. She regularly makes expert contributions about accents on programmes such as Melvyn Bragg's Matter of the North (BBC) where she recorded a series of short Northern accent lessons, An Immigrant's Guide to Britain (Channel 4) and The Royals (Netflix)

**PARTICIPANTS: £30**

ALL LEVELS

## The Play's the Thing - Rehearsing with an RP Accent P S

Terry Besson

Wednesday 19 June

10.30-17.30

Course: VC6

Learn how to maintain an authentic RP accent throughout the rehearsal process and into performance, using selected scenes to solidify your accent usage. We will look at how the accent affects; style, rhythm and changes in flow, where the power lies, subtle changes of speed and tone, the energy of the characters.

→ Terry is one of the country's leading accent and dialect specialists. His vast experience gained in over 30 years working on film, TV, radio and theatre projects has given him a unique approach to the vocal and physical changes needed when approaching acting in another accent.

**PARTICIPANTS: £30**

ALL LEVELS

# voice & dialect: weekly/fortnightly/monthly

## Weekly Accent Clinic P S A

Terry Besson

Saturdays

10.30-13.30

Course: D1

Private, half-hour accent clinic. Please advise Reception which particular accent you wish to study. Using notes, exercises, and examples on CDs to work through the changes of muscularity, breathing, rhythms and flow, etc, for the accent we are approaching. Helping you to sound like you come from somewhere else.

→ Terry is one of the country's leading accent and dialect specialists. His vast experience gained in over 30 years working on film, TV, radio and theatre projects has given him a unique approach to the vocal and physical changes needed when approaching acting in another accent.

**PARTICIPANTS: £25 for a 30 minute session, £45 for an hour session. Please call reception to book an hour session. (Associate Members may participate in this workshop)**

ALL LEVELS

## recorded voice

### Make A Radio Play In A Day

Gordon Lamont

Tuesday 16 April

11.00-18.00

Course: RV2

Immerse yourself in acting for radio with experienced radio director Gordon Lamont. This intensive one-day workshop will take you through the basics using BBC scripts. Discover how to bring characters to life for the ear and come away with a wealth of inside knowledge.

→ Gordon is an Actor, Writer and Director whose work covers film, immersive theatre and audio for the BBC, Discovery Channel and others. His successful and varied career is based on a belief in the empowering and fulfilling adventure of creative and collaborative working.

**PARTICIPANTS: £40**

ALL LEVELS

### I've Been Meaning to Make a Voicereel

Marina Caldarone

Tuesday 7 May

14.00-17.00

Course: RV10

Everything you ever wanted to know about making a voice reel but were afraid to ask! This interactive workshop addresses everything from material content through commercials and documentary, vocal versatility, animation, audio book and radio drama markets and typecasting your own voice, to marketing and getting work without agent representation.

→ Marina is a theatre and radio drama director and acting coach who has been actively involved in actor training for the last 30 years. She is Drama Director for Crying Out Loud Productions, making voice reels since 2000. She is the co-author of the best-selling Actions – An Actor's Thesaurus.

**PARTICIPANTS: £18**

ALL LEVELS

### Commercial Voiceover Crash Course

Katie Lyons and Ruth Gibson

Tuesday 14 May

10.30-13.30

Course: RV15

An access level workshop for actors with limited experience in voiceover, or actors wanting to expand their knowledge. Using practical exercises, we will help you understand your voice quality, agents and voice reels, whilst giving studio techniques to help you feel confident for when you work with a client.

→ Ruth and Katie are both actors with a wealth of Voice Over experience, having voiced numerous commercials, audiobooks, documentary, video games and animation. They set up reelvoiceslondon.co.uk to deliver workshops, coaching and voice reels for actors and are excited to work with actors at all stages of their careers.

**PARTICIPANTS: £27.50**

INTRODUCTORY

**Audio Books**  

**Peter Warnock**

**Wednesday 22 May**

**10.30-17.30**

**Course: RV18**

An incredibly practical workshop using professional kit exploring the audiobook industry. Receive expert direction, develop a believable range of voice qualities for a variety of genres, use physicality to alternate between characters, develop a daily voice routine, loads of mic time, sight-reading and flow, and find where your voice fits!

→ Peter is an actor, VO and highly regarded voice-director and acting coach with over 25 years experience. Recorded more than 10,000 voices, including hit video game Witcher3. As a voice and acting coach work includes: Warner Bros, LAMDA, ALRA, BSA and Actors Centre. Peter runs his own company <http://www.thevoicezone.co.uk> where you can find out more!

**PARTICIPANTS: £40**

INTRODUCTORY

**The Self-Direction Toolkit for Voiceover**  

**Guy Michaels**

**Tuesday 4 June**

**14.30-17.30**

**Course: RV16**

A fast-paced and exciting workshop working on essential techniques for the modern-day Voiceover Artist. You'll be reading, listening and reviewing the effectiveness of these techniques at the same time you'll have plenty of opportunity to quiz Guy about the technical aspects and ultimately how you can increase your success rate in Voiceover.

→ Guy Michaels is one of the most successful UK coaches in Voiceover and recording techniques. His primary focus is employability. As a regular on professional panels and having worked as a tutor for RADA, Mountview and GSA, Guy confidently combines a creative approach, technical knowledge and up to the minute industry experience.

**PARTICIPANTS: £18**

INTERMEDIATE

**Commercial Voiceover Intensive**  

**Katie Lyons and Ruth Gibson**

**Friday 7 June**

**10.30-17.30**

**Course: RV26**

For actors who have attended the Crash course and/or who have some experience in voiceover wanting to expand on their existing skills. We will explore commercials, narration, video games, audiobooks and continuity to help you improve on studio technique and leave you with a greater understanding of your voice.

→ Ruth and Katie are both actors with a wealth of Voice Over experience, having voiced numerous commercials, audiobooks, documentary, video games and animation. They set up [reelvoiceslondon.co.uk](http://reelvoiceslondon.co.uk) to deliver workshops, coaching and voice reels for actors and are excited to work with actors at all stages of their careers.

**PARTICIPANTS: £55**

INTERMEDIATE

**Cartoon Voices**  

**Tom Clarke-Hill**

**Tuesday 20 June**

**13.00-16.00**

**Course: RV6**

Tom hosts an informative workshop that could kick start your voice career into the wacky world of animation. He demonstrates his "vocal zones" technique from his CD and booklet Cartoon Voices with a new insight into how to expand the vocal range necessary to get cast for multiple characters. Participants will create and demonstrate new characters followed with performing and analysing cartoon scripts.

→ Tom Clarke-Hill is an actor, his credits include: Fantastic Beasts, Denial, Churchill the Hollywood Years. His voice artists credits include: Tony the Tiger-Kellogs Frosties, TimeSplitters, Horizon Zero Dawn, Witcher, and Sniper Elite. For cartoons his credits include: Floogals, Zack and Quack and currently multi-voices on the Netflix smash hit Robozuna.

**PARTICIPANTS: £30**

ALL LEVELS

## physical

### Moving History: Constructing the Elizabethan Body

ALL LEVELS

Susanna Dye

Thursday 18 April

14.30-17.30

Course: PH56

This workshop will prepare you to take on Shakespeare's characters and how they understand and inhabit their bodies. Through movement and physicality, we will explore the culture, social behaviours and period style of the Elizabethan era, offering the actor a physical way to unlock aspects of Shakespeare's texts.

→ Susanna is a movement director whose work spans the fields of theatre and dance. She has worked at the Bush, the Lyric Hammersmith, the Arcola and NYT and has taught actor movement at Central, the London Studio Centre and St Mary's University. Susanna trained in Movement Direction at Central.

**PARTICIPANTS: £18**

### Introduction to Lecoq Technique

INTRODUCTORY

Matthew Coulton

Saturday 11 May

10.30-17.30

Course: PH18

This workshop will use the physical, imaginative approaches of Jacques Lecoq to explore how our bodies can create character, story and emotion; ensemble; and the craft of play. Ideal for actors or devisers who feel stuck in their head or are looking for a playful way to revitalise their craft.

→ Matthew trained on Central's Complicité-associated BA(Hons) Acting: Collaborative and Devised Theatre course. His work includes Leicester Curve, Lyric Hammersmith, BBC TV/Radio and Theatre By The Lake. He is currently reviving Complicité/ENO's The Magic Flute, and has co-founded Artistic Rebellion, who are developing work for Fertility Festival at The Barbican.

**PARTICIPANTS: £30**

### Fitzmaurice Voicework Technique: A Whole Body Approach to Your Voice

ALL LEVELS

Michaela Bartoskova

Sunday 30 June

10.30-17.30

Course: VC30

Fitzmaurice Voicework® technique is a physical approach to vocal training. This workshop gives an opportunity to discover exercises that encourage a flow of energy to open up breathing and untangle knots in our body, mind and voice. It is taught at Yale and Harvard, as well as at NYU Studios, and other institutions across the world.

→ Michaela is a Voice / Movement Coach who focuses on developing vocal skills through movement. She teaches at the Met Film School at Ealing Studios and leads the "To Move with Voice" project; in addition to running her private studio practice and other vocal projects. Michaela trained with Catherine Fitzmaurice, the Founder of Fitzmaurice Voicework® at the Royal Central School of Speech & Drama.

**PARTICIPANTS: £30**



## physical: weekly/fortnightly/monthly

Yoga Class   

Clare O'Sullivan

Fridays

13.30-14.30

Course: PH35

A flowing yoga class to unravel tension in body and mind. You will move through a 50-minute sequence of breath and fluid movement specifically designed for creatives to find space for growth and connection. Whether you want to simply stretch it out or find some headspace, all levels are welcome!

→ Clare is an actor & yoga teacher. Having discovered yoga during an Acting MA at ALRA she realised how it not only brings you connection and strength in life, but also professionally as an actor. She teaches fun exploration that can be taken off the mat and onto the stage!

**PARTICIPANTS: £6, Non-Members: £8**

ALL LEVELS

## casting & audition

### The Secret to Success in Auditions

ALL LEVELS

James Bowden

Wednesday 17 April

10.30-17.30

Course: CA102

Are you going to auditions, doing your best and still not getting the job? This one-day workshop will give you the winning mentality and tools to ensure that you have success you are looking for. You will learn how to re-write the script of your life, believe in your own abilities to create the opportunities you need to succeed. By using conscious exercises, you will enable your sub-conscious to guide you and lead you to the success you deserve.

→ James graduated from RBC in 1994 and worked regularly as an actor in theatre and TV. He has appeared in the original West End cast of The Beautiful Game, open air Shakespeare, pantomime, repertory theatre, off West End, number one tours, TV and music videos. James is the co-founder/ principal of The Dorset School of Acting.

**PARTICIPANTS: £50**

### The Casting Lab Workshop for TV

ALL LEVELS

Suzy Catliff

Thursday 25 April

10:30-17:30

Course: CA31

This Casting for TV workshop offers a unique opportunity to see how you come across on camera, opportunity to practise your screen technique and try out new ideas. Get practical and immediate feedback on your work and how you come across on screen from an experienced casting director.

→ TV casting includes: Casting Associate (UK) for Shaftesbury Films, Toronto; Casualty, Silent Witness, Primeval, D Day. Film: Bunch of Amateurs, Stormbreaker. Assistant: Sense & Sensibility, The English Patient, Hackers. Theatre: Changeling TC, Theatr Clwyd. Member of the CDG, a theatre director and lecturer. Co-author The Casting Handbook, publisher Routledge.

**PARTICIPANTS: £55**

### Self Taping: How to Get the Best Result

ALL LEVELS

Suzy Catliff

Wednesday 1 May

18:00-21:00

Course: CA47

A practical workshop looking at the presentation and delivery of an effective self-tape. The workshop offers opportunity to practise this increasingly used technique and learn some simple dos & don'ts to increase potential & allow your work to be seen in a more positive & professional light.

→ TV casting includes: Casting Associate (UK) for Shaftesbury Films, Toronto; Casualty, Silent Witness, Primeval, D Day. Film: Bunch of Amateurs, Stormbreaker. Assistant: Sense & Sensibility, The English Patient, Hackers. Theatre: Changeling TC, Theatr Clwyd. Member of the CDG, a theatre director and lecturer. Co-author The Casting Handbook, publisher Routledge.

**PARTICIPANTS: £30**

## Casting for TV - Soap and Drama

ALL LEVELS

Ian Bevitt  
Friday 3 May  
13:30-19:30  
Course: CA100

Find out how to improve your chances when called to audition on a soap or serial drama. You will practise casting technique. Ian goes through the dos and don'ts of successful casting techniques. All participants will go through mock casting sessions and face challenging real-life situations that can and do happen in auditions. Find out why NOT getting the job can also be a good thing.

→ Ian Bevitt is a BAFTA and RTS-winning drama director. He has directed around 500 episodes of Coronation Street and Emmerdale, as well as prime time drama, comedy and children's drama for ITV, BBC and C4. He has also led and taken part in hundreds of castings.

**PARTICIPANTS: £65**

## Fundamentals - Acting and Audition Technique

ALL LEVELS

Morna Regan  
Tuesday 14 May  
10.30-11.30  
Course: A20

Hour-long private consultations which focus on exactly what you need – be that how to prepare for an audition, drama school preparation, monologue work, combating nerves, taking direction, sight-reading or interview skills.

→ Morna is a Fulbright Scholar and MFA graduate in Acting from the University of Southern California, and a BA graduate from RCSSD. In the UK she has worked at the Donmar, Hampstead, Tricycle & Traverse amongst others. She is also an award-winning playwright and television writer.

**PARTICIPANTS: £45**

## Screen Acting: Self Taping

ALL LEVELS

Linda Ludwig, James Curle and Paul Cawley  
Tuesday 21 May  
10.30-17.30  
Course: TV90

All-you-need-to-know training in self-taping from both a technical and artistic perspective, which will take the fear out of the process. Completing the workshop, you will have made and reviewed several self-tapes of a short script and will have built the confidence to do it on your own, avoiding the pitfalls.

→ Paul's screen work includes: Ghosts, McMafia, Father Brown, Peaky Blinders, Catastrophe, and The Wrong Mans. Stage work includes: The NT, Sheffield, Hampstead, Chichester, The Gate, and appearances in the West End. He has been an Equity Careers Advisors since 2005, and teaches in many drama schools, and The Actors Centre.

→ Linda and James are award-winning directors, directing drama and commercials together since 2011. Their film "Man of the Hour" won Best Short at the Cannes Film Festival 2018, AmPav, and was selected for over 10 festivals, including BAFTA and Oscar qualifiers. They are now working on their debut feature. [www.inquisitivepictures.co.uk](http://www.inquisitivepictures.co.uk)

**PARTICIPANTS: £65**

## Audition Scripts for Camera

ALL LEVELS

Matthew Truesmith  
Wednesday 22 May  
10:30-17:30  
Course: CA94

A one-day workshop, that takes a pragmatic and practical approach to help the actor successfully navigate scripts for taped auditions. We will develop your skills and you will get tried and tested tips for unlocking scripts – to be assured that you are at the top of your game for future self-tapes.

→ Matthew has been producing audition tapes for several years. He has worked as a script consultant and coached many actors through the rigours of the audition process. Recognised for innovation in learning, Matthew draws from varied practical experience in TV, film and stage, to focus on professional requirements.

**PARTICIPANTS: £35**

## Improvisation for Auditions

Derek Miller  
Tuesday 28 May  
10:30-17:30  
Course: CA101

ALL LEVELS

Traditionally improvisation has been developed for performance and used in acting exercises - but how can you harness it for auditions? This workshop will use improvisation as a tool to bring more of yourself to Commercial TV and Film! We will be utilising improvisation techniques to: Initiate relationships to character. make dialog your own and enhance scripts with strong choices from your own point of view!

→ Derek Miller has been a standout in the L.A. entertainment community for nearly twenty years - starring in three sit-coms (MTV, COMEDY CENTRAL TBS), appearing in over 80 commercials and teaching and performing comedy at iO West, and the Second City. His show "Opening Night: The Improvised Musical!" ran for twenty years and boasted over a thousand performances. He served as consulting writer on three series and acted as writer/performer for NBC's prime-time sketch show.

**PARTICIPANTS: £35**

## Casting Masterclass

Louis Hammond  
Friday 14 June  
14:30-17:30  
Course: AD113

ALL LEVELS

Please bring two copies of a short two-hander scene, appropriate to your casting, that you will read with the Casting Director; the aim will be to replicate a theatre audition, as though the director were in the room. The workshop will conclude with a question and answer section.

→ Having previously worked as an actor and agent, Louis Hammond CDG has been a Casting Director for nearly twenty years and brings to this workshop his unique perspective and understanding of an actor's life.

**PARTICIPANTS: £18**

## Sightreading on Camera for Dyslexic Actors

Peter Warnock  
Wednesday 19 June  
10:30-17:30  
Course: CA44

ALL LEVELS

This one-day workshop will help actors with dyslexia to change their default reading and listening style, begin to build a clear routine to increase confidence, mark text and learn how to use "Flow" - a technique developed by Peter specifically to help those with dyslexia to approach any new text.

→ Peter is an actor, VO and highly regarded voice-director and acting coach with over 25 year's experience. Recorded more than 10,000 voices, including hit video game Witcher3. As a voice and acting coach work includes: Warner Bros, LAMDA, ALRA, BSA and Actors Centre. Peter runs his own company <http://www.thevoicezone.co.uk> where you can find out more!

**PARTICIPANTS: £35**

## casting & audition: weekly/fortnightly/monthly

### Audition Doctor



Tilly Blackwood

Monday 1 April, 13 May, 3 June

10.30-13.30

Course: PA1

ALL LEVELS

Audition Doctor is a fortnightly fixture and a must for all your audition concerns. These totally unpressurised, 45-minute private surgeries are a focused, pro-active way to hone your auditioning skills and pieces. This bespoke method of working will focus on your individual needs in order to nail your next job. Bring a piece to work on and be prepared to re-ignite your confidence and find a fresh approach to your work.

→ Tilly is an actress who has worked extensively in theatre including the National Theatre, the RSC and West End, where she gave her Helena to Dawn French's Bottom in A Midsummer Night's Dream. Her TV credits are numerous, including Stella and her stint as the resident "It Girl", Lady Candida de Dennison Bender in Absolutely Fabulous. For more information visit

[www.auditiondoctor.co.uk](http://www.auditiondoctor.co.uk).

**PARTICIPANTS: £34**

## musical

### Own Your Voice - Singing to be Audition Ready!

INTERMEDIATE

Rachel Lynes

Tuesdays 4, 11, 25 June, 2, 9, 16 July

14:00-15:30

Course: MT27

Understanding that one to one singing lessons can be expensive, West End vocal coach, Rachel Lynes, offers the alternative of regular small group 90 minute lessons to get on top of your repertoire and technique. With expert guidance, you'll be following a syllabus to dig deep into your understanding of your own voice and to demystify the workings of this wonderful instrument.

→ After graduating from Arts Ed and going straight into the West End, Rachel spent ten years as a leading lady, in plays and Musical Theatre before becoming a vocal coach. Now, alongside her own client list which includes some of the biggest names in the West End, she has founded, The Sing Space, which brings industry standard singing opportunities to over 200 singers across London per week.

**PARTICIPANTS: £125**

### The Singing Ensemble

ALL LEVELS

Rachel Lynes

Tuesdays 4, 11, 25 June, 2, 9, 16 July

16:00-17:30

Course: MT28

This workshop is for actors, singers and dancers of all abilities. Each session is split into two parts. In part one, West End vocal coach, Rachel Lynes, will lead you through an in depth vocal warm up, demystifying the workings of 'the voice', including resonance, range and power. In part two you'll learn arrangements of the greatest classic and contemporary musical hits while focusing on harmony work and acting through song.

→ After graduating from Arts Ed and going straight into the West End, Rachel spent ten years as a leading lady, in plays and Musical Theatre before becoming a vocal coach. Now, alongside her own client list which includes some of the biggest names in the West End, she has founded, The Sing Space, which brings industry standard singing opportunities to over 200 singers across London per week.

**PARTICIPANTS: £90 (Associate Members may participate in this workshop)**

### Acting Through Song

Suzy Catliff & Richard Bates

Friday 28 June

10:30-13:30

Course: MT26

A unique opportunity to explore a song of your choice with an experienced director and musical director. Working as a group and individually, we will take the song apart and examine the relationship between the words, emotion and music. The chance to sing, expand your rep and learn in a supportive, group environment.

→ Alongside Suzy Catliff's work as a casting director, she has extensive experience directing musicals and teaching musical theatre in top UK drama schools.

→ Richard Bates has been musical director on over 60 musicals in production and in workshop. Highlights include the recent London run of Aspects Of Love, two world premieres and several European premieres. He also conducts his own big band, as well as teaching at the UK's top drama schools.

**PARTICIPANTS: £27.50**

ALL LEVELS

## Musical: weekly/fortnightly/monthly

### Weekly Singing Coaching

Heather Weir

**Mondays 1, 8, 15, 29 April, 13, 20 May, 3, 10, 17, 24 June**

**18:00-21:00**

**Course: P4**

Private, 45-minute coaching sessions for all stages of development of the actor who needs to sing. Exercises for the individual warm-up, working from the song text, preparation of audition material and how to interpret musical direction your way.

→Heather is a freelance MD, actor and singer and a teacher of voice and sung voice in drama schools.

**PARTICIPANTS: £34 (Associate Members may participate in this workshop)**

ALL LEVELS



## career & advice

### Coaching for Creatives

ALL LEVELS

Mitchell Hunt

Tuesday 9, Tuesday 23 April

18.30-21.00

Course: CA98

A two-part intensive life and career coaching course for actors and creatives. Using techniques usually reserved for executives, actors will learn to increase productivity and reduce anxiety. The workshop empowers artists to have greater control and awareness in their efforts with a focus on holistic career management.

→ Mitchell studied at ArtsEd and has worked as an actor for film, television and theatre as well as teaching stage and screen acting in leading drama schools. Mitchell is also a qualified life coach and PT and has seen incredible successes in his clients.

**PARTICIPANTS: £36 (Associate Members may participate in this workshop)**

### Producing: Where Do I Start?

INTRODUCTORY

Katy Lipson

Monday 15 April

10.30-13.00

Course: AD92

This session is your chance to get an overview of how to pitch, fundraise and market a show, either as a dedicated producer or an actor, director or writer looking to produce your own show. It will give you an insight into the role and responsibilities of producing theatre, and practical techniques for assembling and managing a production.

→ Aria Entertainment was founded by Katy Lipson in 2012. Katy has produced the UK Tour of The Addams Family and the 50th Anniversary production of HAIR which she originally co-produced with Hope Mill Theatre in 2016, where she is Producing Artistic Director. She has produced over 40 productions including 6 festivals of new musicals called From Page To Stage.

**PARTICIPANTS: £18 (Associate Members may participate in this workshop)**

**DARE TO CREATE**

### I'm Still Here

INTERMEDIATE

Phil Shaw

Monday 15 April

10.30-13.30

Course: AD83

This workshop will help experienced actors, who are returning to the profession after an absence, re-evaluate their casting range and branding image, in order to maximise employment prospects. Advice will be given about niche market headshots, resume, covering letter, casting directors, and agents, together with a high end marketing plan.

→ Phil trained as an actor at The Webber Douglas Academy, is also a voice/audition technique coach, a former ICM talent agent, and has a one-to-one actors' consultancy service. He has cast commercials, theatre, film and TV.

**PARTICIPANTS: £25**

### Actor As Creator: Exploring Autonomy, Creativity and Self-Producing

INTRODUCTORY

Lexi Clare

TBC

10.30-13.00

Course: AD108

Run as an open forum, this is a workshop for actors interested in creating and producing their own work. How can making your own work offer opportunities for autonomy and creativity? How do you develop theatre-making skills? What does self-producing entail? An opportunity to discuss best practices with fellow theatre-makers.

→ Lexi Clare is a New Zealand actress and producer, who trained at Mountview. In 2017, she established the Maiden Speech festival, proving a platform for new work and emerging artists. Additional producing credits include Assistant Producer on the UK premiere of Collective Rage: A Play in 5 Betties (Southwark Playhouse).

**PARTICIPANTS: £20**

**DARE TO CREATE**

## Mindfulness and Meditation for the Creative Life

ALL LEVELS

Megan Latham  
Thursday 25 April  
Thursday 30 May  
Thursday 27 June  
10.00-13.00

Course: AD85

A workshop suited to beginners and experienced meditators alike. We'll start by getting comfortable with the process of meditation and identifying which approaches best suit you, before moving into some guided techniques to help you deal with the demands of the creative life and give focus to your personal goals.

→ Megan is an actor/writer who began meditating several years ago. Seeing the profound changes to her life and wellbeing, she decided to undergo CThA-accredited teacher training so she could share the transformational benefits with others. She now teaches to all kinds of people, using a straightforward, positive, and accessible approach.

**PARTICIPANTS: £18 (Associate Members may participate in this workshop)**

## Actors Professional Development Workshop

ALL LEVELS

Molly Roberts  
Thursday 2 May  
18.30-20.30  
Course: AD122

This workshop gives the ins and outs of professional development as a self-employed actor. Seeing yourself and all the skills you have to offer as your own business, and why it's important to be versatile, proactive and enterprising in 2019 and beyond. This workshop is ideal for recent acting graduates.

→ Molly Roberts is an actor (West End/Frantic Assembly/BBC) and artistic director of multi-award winning new writing company Poleroid Theatre.

**PARTICIPANTS: £18 (Associate Members may participate in this workshop)**

## Thinking of Starting a Theatre Company?

INTRODUCTORY

Catherine Lamb  
Wednesday 22 May  
18.00-21.00  
Course: AD84

**DARE TO CREATE**

A workshop designed to equip you with all the information you need to start a theatre company. We will talk through how to get a play from page to stage and the different ways you can gain funding and approach theatres.

→ Catherine is an actress and producer. She has worked in theatre, television and radio. Credits include THE CROWN and Russell T Davies' CUCUMBER. She is founder of Fabricate Productions Ltd.

**PARTICIPANTS: £18 (Associate Members may participate in this workshop)**

## Acting Confident

INTRODUCTORY

Gordon Lamont  
Wednesday 22 May  
14.30-17.30  
Course: A241

How can you approach auditions and pitches with confidence? This is your chance to try out proven confidence-building techniques culminating in an improvised true to life audition where you can put what you've learnt into practice and learn to enter the room with the confidence to shine.

→ Gordon is an Actor, Writer and Director whose work covers film, immersive theatre and audio for the BBC, Discovery Channel and others. His successful and varied career is based on a belief in the empowering and fulfilling adventure of creative and collaborative working.

**PARTICIPANTS: £18**

**Career Marketing Strategy Intensive**  

ALL LEVELS

Phil Shaw

Wednesday 22 May

10.30-13.30

Course: AD77

An in-depth and interactive workshop about taking your career marketing to the next level, and implementing a goal plan to increase casting prospects. This covers agents, casting directors, photographers/headshots, resume, letter writing, networking and show reel, plus analysing your unique selling point (USP), and cutting edge marketing psychology.

→ Phil trained as an actor at The Webber Douglas Academy, is also a voice/audition technique coach, a former ICM talent agent, and has a one-to-one actors' consultancy service. He has cast commercials, theatre, film and TV.

**PARTICIPANTS: £18**

**Moving Your Career Forward**   

ALL LEVELS

Lisa Pescia

Friday 31 May

11.00-17.00

Course: AD63

LA actor and coach, Lisa Pescia, focuses on how to take actions to create your own unique career path, including re-igniting your passion, the artistic attitude, understanding casting, visas, agents and the LA market. Supportive and positive approach to fulfilling your career goals.

→ Lisa Pescia is an LA based actor, producer, teacher. Her training has been primarily with director Milton Katselas at the Beverly Hills Playhouse for 25+ years. Lisa co-founded BHP Prod. Co. producing over 100 original scripts. She has taught internationally for the last 5 years throughout Europe.

**PARTICIPANTS: £40 (Associate Members may participate in this workshop)**

**The PIT Stop**  

ALL LEVELS

Helen Iskander

Wednesday 5 June

10.00-17.00

Course: AD123

The PIT stop is a place to improve and expand your personal presence and impact. Whether you want to have more confidence in auditions, for example, or more agency in your personal life, the PIT STOP training will give you transferable skills that will enhance your performance in life.

→ Helen has 20 years experience in professional theatre & television as an actor, director, teacher, and coach. She trained with Jacques Lecoq in Paris ('95-'97) and specialises in teaching the Lecoq approach. She has an MA in Actor Training and Coaching and teaches regularly at the Royal Central School of Speech and Drama and East15.

**PARTICIPANTS: £30**

**To Be Or Not To Be - On Top of Your Tax Affairs**   

ALL LEVELS

Ajay Jassal

Monday 10 June

14.30-17.30

Course: AD58

HW Fisher presents an interactive seminar on accounting, finance and tax. Senior manager, Ajay Jassal, will cover: claiming legitimate expenses, self-employed tax and NI, self-assessment, VAT, record-keeping, capital allowances, penalties and interest, and incorporation. This is a great opportunity to get expert advice on your financial affairs, and questions are welcome throughout.

→ Ajay Jassal is a senior tax manager at chartered accountants, HW Fisher. He has been looking after the accounts and tax affairs of individuals and owner-managed businesses in the creative/entertainment industry for 20 years.

**PARTICIPANTS: £FREE**



## career & advice: weekly/fortnightly/monthly

### Understanding Your Branding – One-to-One Sessions

ALL LEVELS

Darren R L Gordon

Mondays 15 April, 20 May, 17 June

10.30-17.30

Course: AD2

This workshop is an opportunity to really think about you as an actor and what you are marketing and promoting. Develop a clear strategy to help make it easier for potential employers to engage with and understand what you have to offer. Please bring your CV, Reel and access to any other marketing material.

→ Darren R L Gordon is a Director, Mentor and Acting Coach, who has a passion for helping Actors progress their careers, with experience appropriate for absolute beginners through to high profile professionals. His insightful and Industry centred approach is bespoke and specific to the artist he is working with.

**PARTICIPANTS: £34**

ALL LEVELS

### Wellbeing Drop-In

Addam Merali-Younger

Every 2nd Tuesday of the Month

14.30-17.00

Course: AD97

Are you dealing with bullying and harassment in the workplace, or any mental health issues? These drop-ins will provide a safe and confidential space for you to talk and consider your next steps. No appointment is necessary, there will be 30-minute slots throughout the session, available on a first-come basis.

→ Addam works at Equity, providing guidance, signposting and a listening ear to those who are experiencing bullying, harassment or mental health concerns. Prior to this, he was in the charity sector, most recently at Samaritans, which helped mould a strong interest in mental wellbeing and creating healthier work environments.

**PARTICIPANTS: £FREE**



## open courses — non-member workshops

On top of our professional development programme here at the Actors Centre, we also offer workshops and courses for any professional and emerging actors who are not currently members. They are aimed at those who may have studied acting before and are looking to increase their knowledge and skills, or perhaps to those who have had a career change and are currently out of the industry.

Some of the Open Courses that we run are:

**Introduction to Acting:** It is a fun, informative and engaging course, aimed to provide a basic introduction to the acting profession. This is ideally suited to those inquisitive about an acting career, or those looking to enhance their day to day communication.

**Introduction to Unarmed Combat:** This short course is perfect for those who are new to the world of stage combat, or for more experienced actors who are looking to brush on their skills and refine their stage fighting techniques further.

**Get Into Screen Acting:** This five-day course for newcomers to the profession offers an exciting, dynamic and creative introduction to acting and auditioning for camera.

**Get Into TV Presenting:** This two-day course will give you the tools to work across different presenting mediums and sharpen your skills for a career in front of the camera.

### **Drama School Audition Intensive**

This one-day workshop offers young performers an invaluable grounding in the vital skills needed to succeed in the Drama School Audition process.

For more information visit our website: <https://www.actorscentre.co.uk/open-courses>

## other in-house opportunities

### TRISTAN BATES APRIL-JUNE SEASON

We have a vast array of diverse and innovative productions arriving in the Tristan Bates Theatre this season. We are delighted to kick off with *A PIECE OF THE CONTINENT – A Celebration of European Artists* (8 – 27 April), co-produced by The Actors Centre and Voila! Europe. We have 9 productions over 3 weeks, all representing a variety of nations, backgrounds, styles and genres.

Approaching May, we're delighted to host *EGGS* by Florence Keith Roach (29th April – 4th May), about two women struggling with their identity in the modern world. *GRIP* by Scott Howland (20th April - 4th May, a transfer from our John Thaw Initiative, follows suit, and is based on a true story of a huge oversight in a recent legal case. Further into May, we have *A FEAST FROM THE EAST* (7th – 18th May) – a collection of 8 of the best plays from INK Festival 2019, co-produced by the Actors Centre. This is a chance to see the best new writing from East Anglia on a London stage. We also have the Neil Simon classic play *I OUGHT TO BE IN PICTURES* (20th – 25th May) in a new production from Vanguard Productions. Looking ahead into June, we have a humorous clown show *ME, ME, ME* (11th – 15th June) as well as *OFFSTAGE* (17th – 22nd June) from Ephemeral Ensemble, a physical theatre, mask-based exploration of depression and suicide. In addition to our offering in the Tristan Bates Theatre, we're also once again producing the *JOHN THAW INITIATIVE*. This season is *QUEER SEASON*, featuring productions from the LGBTQIA+ community, and is curated by Otherland Theatre.

As always, you can find all information and book tickets on our website [www.tristanbatestheatre.co.uk](http://www.tristanbatestheatre.co.uk)

### GREEN ROOM PROGRAMME

The Actors Centre's Green Room (café and bar) is an ideal space for a performance such as storytelling, cabaret and solo work. We are keen for actors and other artists to use this space at no cost to develop their work and provide opportunities to present both scratch performances and fully developed pieces. Members will get priority consideration and booking. For further information please contact [greenroom@actorscentre.co.uk](mailto:greenroom@actorscentre.co.uk)

### Supported Companies

We are also hosting, supporting and collaborating with the following groups:

#### THE WRITERS GROUP

We support the Writers Group in a variety of ways including opportunities to perform work. The Writers Group meets on the last Friday of every month at 6.30pm, costs £10 and is facilitated by playwright Stewart Permutt.

#### THE POETRY GROUP

Performing poetry is the perfect way to develop your craft as an actor, improve your sight reading skills and engage with language in its most brilliant and varied forms - extending the range of your voice as well as your imagination. The Poetry Group is a company of actors, meeting on a regular basis to develop their skills in live reading, and forming a professional ensemble that will tailor selections of work for special events.

#### THE ACTORS SCREEN COLLECTIVE (ASC)

With the support of the AC, the group meet to exchange ideas, create characters and improvise. A major focus of the ASC's work is to reinvigorate the creative relationship between all the people involved in bringing film to life. New and established writers, directors and editors are enthusiastic about the aims of the group and contribute their time and skill to this endeavour. We aspire to be a valuable resource for all those working in the industry.

#### SHAKESPEAK

Join the Shakespeak Collective to delve into the world of the Bard's language through various workshops.

## How to book

- Online: [www.actorscentre.co.uk](http://www.actorscentre.co.uk)
- Telephone: 020 3841 6601 / 020 3841 6602
- In person: at reception during regular opening hours

Please bear in mind that Reception can be very busy. We deal with urgent bookings as quickly as possible. However, if you have not heard from Reception within 3 working days, please contact us again.

For full details of our bookings and refund policies please refer to the terms and conditions of membership to which you agreed on application.

They can also be found on our website: <https://www.actorscentre.co.uk/membership/terms-conditions>

## Renewing your Membership

To access our Professional Development Programme you must be an active member of the Actors Centre. There are also a number of opportunities for non-members, please see pages:

<http://actorscentre.co.uk/membership>

<http://actorscentre.co.uk/non-members>

Renewing your membership is easy. Simply drop by and renew at Reception or call 020 3841 6601 or 020 3841 6602 and renew over the phone. If you pay to renew before your membership expires you will get £10 discounted off the cost of your membership!

## Recommend a Member

Remember, any member who gets one a friend (who has never been a member before) to join the Actors Centre will get their next annual membership for £45.

Get two friends to join the Actors Centre within the same membership period, and we will give you your next membership completely for FREE.


Please ask reception for more details.

## Keep us updated


If any of your personal details change, please do let us know as soon as possible so you don't miss any exciting opportunities. Please send your details to [reception@actorscentre.co.uk](mailto:reception@actorscentre.co.uk).

## Keep informed

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